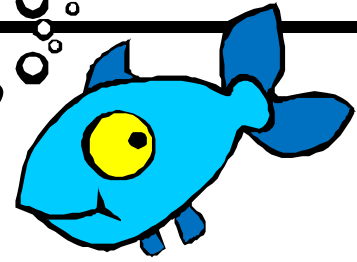


SNAPPETS



Stadium Masters Swimming Club Inc

www.stadiummasters.org.au

April 2026



www.stadiummasters.org.au



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Hi Swimmers, welcome to another edition of Snappets, the first for 2026, so with a lot of catching up to do let's get started! What's been happening?

STATE CHAMPIONSHIPS – MANDURAH 11TH & 12TH APRIL 2026

By Pamela

Twenty six clubs participated in the State Championships which were held at Mandurah in their short course pool.

Interestingly there were several clubs who haven't been seen before such as Casey Seals, Guildford/Kalamunda and Scarborough. .Beatty Park had 42 swimmers and Claremont had 27 swimmers.

Audrey had to pull out before even driving down. Then there was drama when Marg fell from the blocks at the start of the first event, hurting her wrist but she still swam and got a time. Bravo Marg! Her hand then swelled up so Tash forfeited her swims and drove Marg to SCGH where her arm was x-rayed. They were still waiting at 6.00pm that night for the results. Turns out she has a cracked bone near the elbow and broken bones in the wrist. How stoic and what a start to the meet!!!

That left us with 4 women on the Saturday and 3 women on the Sunday and 2 men so I've worked out the results based on that number. The prediction was that based on swimmer's numbers we should have come = 9th with 4 other clubs. Based on swims we also were predicted to come 9th. And where did we come..... Drum roll..... 9th!!

Barry gained 10 club records from his 10 swims because he is our oldest male swimmer so there were no previous records. He also gained a State



record for BU25 and beat the existing state record for BR25 before his time was again beaten. Well done Barry. The accommodation was lovely. Thank you to Marg for organising.

Pamela also received a medal in her 75-79 age group... Congratulations Pamela

Well done to all swimmers. Results to follow after they've been checked.

Robin, Barry and Cas made the trip down...



FREMANTLE ABC CC – SATURDAY 29TH MARCH 2026

Due to cyclone Narelle the weather was dreadful for the days before, however on the day it cleared and the weather ended up being perfect.

Twenty two teams competed at the Fremantle ABCCC with 208 competitors. There were 49 relays. Fremantle always wins as they always manage to have more than three times as many swimmers as any other club. With only 11 swimmers Stadium Masters managed to gain a reasonable 5th place.



There were 9 PABs, 3 PBs and 4 new club records. Both our 320+ relay teams came first. Below is the victorious 320+ freestyle relay team.

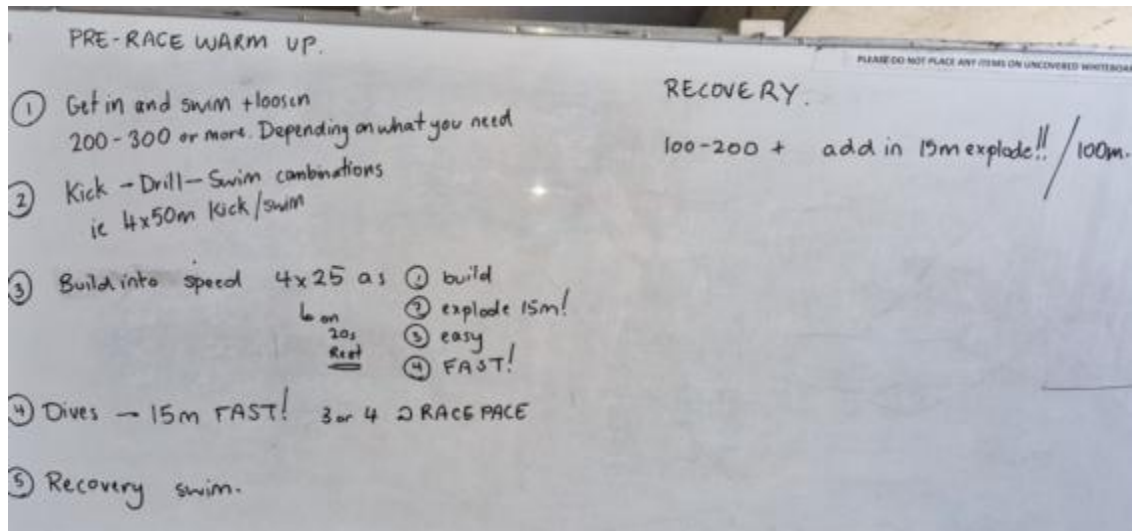
And Barry's mishap...!

In the 4 x 50 Freestyle relay Barry managed to completely lose his bathers half way down the pool but in good competitive fashion he didn't stop until he'd finished his lap and only then went back to retrieve them.

He said they hampered his performance as they were around his knees then around his ankles before they came off. An official came over and with tongue in cheek gave the team a warning for non-compliant swimwear! He had actually forgotten to tie them up!

CLINICS held by KAREENA PRESTON

The freestyle clinic was enthusiastically attended on Saturday 21 March with Kareena presenting the below board with a pre-race warm up routine – it might be tricky to get through this at some of our carnivals!



More notes can be found on our website under 'Helpful Links'

CLUB SWIMS – Full results available on our website

We run club swims 2 weeks prior to each interclub/ABCCC. It gives new swimmers an opportunity so become familiar with the whistles they will experience at an official meet and all swimmers the opportunity to record a time close to the meet so they can get a current, appropriate nominating time.

Pre Fremantle club swim was held on Saturday 14 March. Thanks to Peter Lyster for being Starter, Cas Brown marshalling and other volunteers for timing

Club Swim – 14th March 2026 – HPC – LC

Name	Event	Time	Comparison
Pamela Walter	BU50	1:00.69	PAB/CR
Pamela Walter	FR50	55.93	PAB
Pamela Walter	BR50	1:00.34	PAB/CR
Mike Haederle	BU50	50.03	Best since '24
Dick Austin	BR50	1:49.50	inaugural
Helen Austin	FR50	58.65	PAB
Helen Austin	BR50	1:09.19	PAB
Helen Austin	BA50	1:07.75	PAB
Barry Green	BR50	1:07.99	PAB/CR
Anne Edmondson	FR50	47.35	Best since '23
Anne Edmondson	BR50	1:06.77	Best since '24
Anne Edmondson	BA50	1:01.89	Best since '24

Pre Newman-Churchlands club swim was held Saturday 31st January. Thank you to our volunteers who didn't swim but came to help.

Tricia was our Starter, Margaret Smithson, Peter L and Phyll Tiller for time keeping and recording.

Club Swim – 31st January 2026 – HPC – outdoor 8 lane - LC

		Nom. time	Time	Comparison
Cas Brown	FR100	100 - 2:30.86 '25	2:35.92	PAB/best since '24
	FR200	200 - 5:23.45 '25	5:22.60	
Kathy Sadler	FR100	100 -	2:33.85	Inaugural
	FR200	200 -	5:37.13	inaugural
*Robin Connolly	FR100	100 – 1:43.97	1:58.63	PAB
	FR200	200 – inaugural	4:12.76	inaugural
*Helen Austin	FR100	100 - 2:14.16 '25	2:25.22	PAB
	FR200	200 –4:58.86 '24	4:55.50	PAB
*Pamela Walter	FR100	100 –1:59.99 '25	2:09.95	PAB
	FR200	200 –4:22.42 '25	5:27.35	PAB
Cas Brown	BR100	3:13.15 '25	3:12.97	PAB /best since '24
*Helen Austin	BR100	2:34.70 '25	2:37.91	PAB/CR
*Robin Connolly	BR100	inaugural	2:22.55	inaugural
*Helen Austin	FR50	59.25 '25	59.81	PAB
*Pamela Walter	FR50	50.77 '25	56.87	PAB
*Barry Green	FR50	48.74 '25	53.57	PAB
Kathy Sadler	BA50	inaugural	1:06.55	inaugural
*Barry Green	BA50	57.03 '25	1:03.23	PAB/CR
*Pamela Walter	BA50	56.46 '25	1:02.11	PAB
*Robin Connolly	BA50	inaugural	1:15.43	inaugural
*Helen Austin	BA50	1:08.59 '25	1:09.22	PAB

Pre Mandurah club swim was held on 25th October 2025 at the short course Scarborough pool.

Thank you to Helen Loake, Kim Simpson, Phyll Tiller, Christina Colegate and Peter Lyster who volunteered to help run the club swim which ran like clockwork and we finished early. It was held to give swimmers the opportunity of swimming the first individual short course meet for the year and was in preparation for the Mandurah ABCCC which was held on 2nd Nov 2025

Welcome to Rachel Wright who has joined as our first second claim member from the Sand Gropers club. Sand Gropers are swimmers who for some reason don't have a club nearby and can therefore swim together at carnivals and form relay teams. It could be that they are country people with a pool but no Masters club. Rachel attended the club swim and has registered to swim with us at Mandurah. For all these firsts she has been presented with the Supa Nova Award which she keeps for 1 month.

Audrey broke 5 club records from her 5 swims, Cas and Robin Connolly broke 2 each.

Robin and Rachel had 10 inaugurals between them.

Name	Stoke/ distance	sc	previous most recent time	time	comparison
Audrey Bullough	FR100	25	3:14.37 '24	2:41.13	PAB/Best since '23/CR
Audrey Bullough	BA50	25	1:28.88 '24	1:33.87	PAB/Best since '24/CR
Audrey Bullough	FR50	25	1:35.14 '24	1:10.61	PAB/Best since '23/CR
Audrey Bullough	BA25	25	37.83 '23	41.33	PAB/Best since '23/CR
Audrey Bullough	FR25	25	28.28 '23	31.01	PAB/Best since '23/CR
Cas Brown	FR100	25	2:22.39 '24	2:22.37	PAB/ Best since '23
Cas Brown	BR50	25	1:25.23 '24	1:26.50	PAB/CR
Cas Brown	FR50	25	1:02.86 '24	1:04.49	PAB
Cas Brown	BR25	25	40.27 '24	41.60	PAB/CR
Barry Green	BR50	25	2:00.00 '22	1:05.37	PAB/best since '21
Barry Green	BU25	25	27.39 '24	27.32	Best since '23
Anne Edmondson	IM100	25	2:05.11 '24	2:04.87	PAB/best since '16
Anne Edmondson	FR50	25	53.07 '24	48.51	Best since '15
Anne Edmondson	FR25	25	21.49 '24	21.38	Best since '21
Tania Gregg	FR100	25	2:09.43 '23	1:52.84	PB by 16 sec
Tania Gregg	BR50	25	59.66 '23	1:00.59	Best since '23
Robin Connolly	FR100	25		1:42.12	inaugural
Robin Connolly	BR50	25		59.54	inaugural
Robin Connolly	BA50	25		1:11.62	inaugural
Robin Connolly	BU25	25		28.65	Inaugural/CR
Robin Connolly	BR25	25		28.01	Inaugural/CR
Robin Connolly	FR25	25		20.06	Inaugural
Rachel Wright	FR50	25		1:11.12	Inaugural
Rachel Wright	BR50	25		1:30.33	inaugural
Rachel Wright	BA25	25		39.43	Inaugural
Rachel Wright	BR25	25		39.79	Inaugural
Rachel Wright	FR25	25		32.84	Inaugural
Rachel Wright	FR50	25		1:13.44	Inaugural

Pre Stadium Masters ABC CC club swim. Fifteen swimmers entered for this swim on 4th Oct 2025.

We run club swims 2 weeks prior to each interclub/ABCCC. It gives new swimmers an opportunity so become familiar with the whistles they will experience at an official meet and all swimmers the opportunity to record a time close to the meet so they can get a current, appropriate nominating time. Thank you to Peter Lyster, who was the starter and Phyll Tiller who acted as marshal and Chief time-keeping. Both did a fantastic job which resulted in the event running smoothly.

Club Swim – 4th Oct. 2025 – indoor pool – LC 12.00pm W/U 12.00pm/12.30 start

	Event	Nom. time	Time	Comparison
Helen Austin	FR200	200-4:58.86 '24	5:00.36	Best since '24
Cas Brown	BR200	100 -3:13.15 '25 200 -6:42.95 '25	3:11.09 6:39.05	PAB/best since '24 PAB/best since '24
Louise Norris	BR200	200-4:03.99 '22	4:33.83	Best since '22
Helen Austin	BA100	inaugural	2:31.48	inaugural
Barry Green	BA100	2:16.90 '25	2:12.30	Best since '23
Sue Woodward	FR100	2:25.52 '25	2:06.43	PB by 19 secs
Robin Connolly	FR100	inaugural	1:43.75	inaugural
Louise Norris	BR100	100-1:56.13 '23	2:11.32	Best since '23
Bill Woodhouse	FR50	43.92 '25	43.91	PAB/ best since '24
Robin Connolly	BR50	inaugural	1:03.60	inaugural
Marg. Smithson	BA50	1:33.08 '25	1:28.31	PAB/ best since 2021
Robin Connolly	BA50	inaugural	1:07.70	inaugural
Sue Woodward	BA50	1:20.30 '25	1:12.66	PB by 8 secs

CONGRATULATIONS TO.....!!

Anne Edmondson for recently clocking up the Vorgee 5 million metre mark.

Anne received a polo shirt for her efforts. Great job Anne!



Heather Rhebok who swam the 10km Christmas Fremantle open water swim at Coogee on 20th Dec. She swam the 10 kms in 4hrs16mins and 59. Congratulations, what a splendid effort in not so fabulous conditions given the very strong seabreeze. Well done

Anne and Pamela for completing the Thru Freo Port Swim on 13th Dec 2025

Name	Age group	Pos. in age gr	Time	Pace
Anne Edmondson	60-69	12th	1:09:35.44	21.44 min per km
Pamela Walter	70-79	2nd	1:28:57.01	27.47 min per km

Phil Lowe who swam 2.5km for 50 weeks of 2025.

In 2025 MSA had their 50th anniversary. As a gift they gave all members a gold cap plus a challenge of swimming 2.5km for 50 weeks on the year. Phil Lowe was our only member who achieved that goal and was presented with a very nice umbrella. Thank you MSA. The caps and the umbrella were gratefully received.



Pamela receiving a States Medal in her age group

If you want to join the Vorgee program here are the details:

VORGEE MILLION METRES PROGRAM

Vorgee Million Metres have updated their app which is easy to download and easy to use to record your swims. The app is available on the website, not on the app store – it can be accessed by clicking this link and following the instructions

<https://mastersswimming.org.au/programs/million-metres-program/million-metres-app/>



Here is the information for their new initiative for 2026...

MSA Target 26-26-26 Members Swim Program – 2026

We hope the word continues to spread on pool decks about our 2026 Members swim participation program – noting anyone can still sign up for the remainder of the year to target, enjoy and log a fortnightly 2.6km swimming goal.

So simply log a total of 2.6km of swimming distance completed in any form on the [Vorgee Million Metres app](#) and you're in the Target 26-26-26 game.

This program is designed to be more relaxed and flexible, while promoting greater inclusiveness and participation across our membership.

ENDURANCE E1000 WA TROPHY RESULTS

Claremont WCM - 10,986 points - 1st from 54 participants.

Stadium Masters WCU – 4303 points - 4th from 19 participants

We came 4th in the state on points behind Claremont, Somerset Masters and Whitfords Masters but placed 5th in the state based on participating members.

A couple of years ago Bill converted our metres to km and calculated that by the end of the year we would have nearly reached Brisbane going east from Perth via Adelaide, Melbourne, Sydney. The total driving distance from [Perth](#) to [Brisbane](#) via [Adelaide](#), [Melbourne](#) and [Sydney](#) is approximately **5,123 kilometres** using the most direct highway routes.

Breaking it down:-

Perth to Adelaide is approximately 2,695 km.

Adelaide to Melbourne is approximately 726 km.

Melbourne to Sydney is approximately 876 km.

Sydney to [Brisbane](#) is approximately 926 km.

Let's try and make it to Brisbane this year.!

Stadium Masters Breakdown:

Average points – 89.65	Female points – 3383	Male points 920
Participants 19	Female members 15	Male members 4

TOP TEN RESULTS

The Top Ten certificates were presented at after training coffee sessions. We had 56 full and 2nd claim members in 2025. 35 of them represented the club at a club swim, ABCCC or swam an e1000 distance so were eligible for the State and National Top Ten. All 35 gained a place in the State Top Ten.

Richard Johnson, the Masters Swimming WA Executive Officer highlighted in his recent annual report the reason why it is impressive gaining a spot in the State Top Ten – “Membership in 2025 increased by 2.3% to a record 1,877 members, which is also the highest membership of any state or territory in Australia.” There are 32 clubs across Western Australia. i

ABC CLUB CHALLENGE CARNIVALS

Here's a wrap on the carnivals since our last newsletter – starting with our own hosted ABC CC which we won!!

STADIUM MASTERS ABC CC – 19 October 2025

Our hosted ABCCC on 19th October 2025 ran smoothly. Peter Lyster, who had been the Meet Director for the past 9 years with this event had handed over the reins to Helen Loake. Being her first time in the role you might think she would be a bit anxious but if that was the case it didn't show. Her organisation was fantastic. Thank you to all the club and non-club members who volunteered beforehand for jobs and /or on the day assisting in marshalling, timekeeping, helping in the timing room, announcing, our safety officers, making sandwiches, biscuits and cakes, cutting up fruit and selling raffle tickets. Hopefully I haven't forgotten anyone. You all did a sterling job and because of you all everything ran efficiently on the day. Helen was so organised at one stage she was even handing out home-made healthy bars to the officials and the announcer and snakes to the time-keepers to increase their lagging energy, so doing a one up on Peter!

There were 121 registrations from 22 clubs. The event ran to time. After the swimming was over a willing band of club helpers had the fantastic supper already for the hungry hordes.

Thanks also to the 22 club members who registered to swim. It was a fantastic number and because of you we manage to WIN our Club Challenge trophy which is the first time since 2015. Inglewood Masters won the Handicap Trophy.



WSU ABCCC Oct 19 2025				
NAME	EVENT	LC	TIME SWUM	COMMENT/BEST TIME
Anne Edmondson	BA100		2.11.96	PAB
Audrey Bullough	BA100		3.15.07	PAB/CR
Craig Barnard	FR200		3.49.47	PAB
Craig Barnard	FR100		1.41.22	PAB
Craig Barnard	FR50		43.32	PAB
Heather Rhebok	FR100		1.20.62	PB
Heather Rhebok	BA50		42.4	PB
Helen Austin	BR100		2.34.70	PB
Helen Austin	BR200		5.35.85	PB
Jil Mogyorosy	BA50		1.00.95	PAB =
Kara Stone	FR200		3.26.03	Inaugural
Kara Stone	BA50		51.44	Inaugural
Kara Stone	BR100		1.58.02	Inaugural
Kim Simpson	BR50		50.67	PB
Laura Chambers	BA100		1.29.11	PAB/best since '22
Louise Norris	BR50		58.45	best since 22

Louise Norris	BR100		2.04.55	Best since 23
Louise Norris	BR200		4.22.81	best since 22
Robert Woodward	BR50		51.69	PB
Robin Connolly	BR50		1.01.74	PB
Susanne Woodward	FR50		53.09	PB
Susanne Woodward	BA200		5.38.31	PB

MANDURAH ABC CC – SHORT COURSE – 2 NOVEMBER 2025

It was a lovely sunny day at Mandurah. The meet was well run however the Dolphin timing system caused some trouble with a heat with one of the 100s not recording swimmers' times. The event was re-run later in the meet which caused a bit of delay while trying to locate the swimmers concerned. Our swimmers worked hard and we came 4th with only 11 swimmers – Mandurah 1st, Claremont 2nd, Rockingham 3rd.

Name	Stoke/ distance	sc	time	comparison
Audrey Bullough	BA100	25	3:17.45	PAB/CR
Audrey Bullough	BA50	25	1:28.36	PAB/Best since '23/CR
Audrey Bullough	BA25	25	40.83	PAB/Best since '23/CR
Cas Brown	BA100	25	2:40.38	PAB/CR
Cas Brown	BA50	25	1:15.04	PAB/CR
Cas Brown	BR25	25	40.36	PAB/CR
Cas Brown	BA25	25	36.70	PAB
Barry Green	IM100	25	2:22.75	Best since '24
Barry Green	BR50	25	1:03.87	PAB/best since '21
Heather Rhebok	BA25	25	19.63	Inaugural/CR
Margaret Smithson	FR50	25	1:03.55	PAB
Margaret Smithson	FR25	25	27.46	PAB
Margaret Smithson	BA50	25	1:29.22	PAB
Margaret Smithson	BA25	25	38.74	PAB/best since '19
Tash Kedgley	BR25	25	24.29	inaugural
Pamela Walter	BA100	25	2:02.68	Best since '21
Pamela Walter	BA50	25	57.37	Best since '24
Pamela Walter	BR25	25	27.25	Best since '24
Phyll Tiller	FR100	25	2:08.24	PAB
Phyll Tiller	BR50	25	1:17.93	PAB
Phyll Tiller	BR25	25	36.58	PAB
Robin Connolly	BR50	25	58.31	PB
Rachel Wright	FR50	25	1:10.08	PB
Rachel Wright	BA100	25	3:07.34	Inaugural
Rachel Wright	BA25	25	35.38	PB
Rachel Wright	BR50	25	1:26.67	PB



PERTH RAINBOW SWANS ABC CC – PRIDE CARNIVAL – 15 NOVEMBER 2025

Stadium Masters were represented by 4 women and three men at this, the last ABCCC of 2025. The program for Masters' events included 100 m (except IM), and 50 m of all strokes, and one mixed 4x50 m mixed freestyle relay in which the Stadium team (Kim Simpson, Robin Connolly, Barry Green & Heather Rhebok) came first in the 240-279 age group.

There were some events for non-Masters' swimmers and also fun novelty relays. Rainbow Swans won the gala with 240 points, Stadium Masters were 2nd with 75 points and Bold Park were 3rd with 74 points. Claremont (35 points) won the handicap trophy.

Name	LC/sc	Event	Time	Comparison
Phyll Tiller	LC	FR100	2:05.18	PAB
Bill Woodhouse	LC	FR100	1:44.19	PAB/best since '21
Bill Woodhouse	LC	BR100	2:25.81	PAB/best since '21
Rachel Wright	LC	BA50	1:25.57	inaugural
Rachel Wright	LC	FR100	2:46.47	inaugural
Rachel Wright	LC	BA100	3:07.25	inaugural
Barry Green	LC	BR50	1:02.91	Best since '23
Robin Connolly	LC	BR50	59.06	PB

NEWMAN CHURCHLANDS ABC CC – SUNDAY 15 FEBRUARY 2026

Twenty one Masters Swimming Clubs participated at Newman Churchlands ABCCC with 145 swimmers registered. The first ABC CC for the year. Although Stadium Masters was expected to come =4th based on numbers, again we punched above our weight in coming 3rd overall. Our 3 relay teams gained two first places and a second place.

The weather was pleasant, not too hot as in previous years. It was Kathy Sadler's first ABC CC and a big thank you to Phyll T who came along to time keep for the whole meet. There were 14 PABs and 3 PBs. A good day was enjoyed by all.

Name	Event	Date	LC	Time swum	Comment
Anne Edmondson	FR200	15/2	LC	03:44.00	–
Anne Edmondson	BR100	15/2	LC	02:25.19	–
Anne Edmondson	FR50	15/2	LC	48.37	–
Margaret Smithson	FR200	15/2	LC	06:35.44	–
Margaret Smithson	FR50	15/2	LC	01:07.50	–
Margaret Smithson	BA50	15/2	LC	01:41.91	–
Audrey Bullough	FR200	15/2	LC	06:21.19	–
Audrey Bullough	FR50	15/2	LC	01:13.48	best since '25
Audrey Bullough	BA50	15/2	LC	01:35.91	–
Robin Connolly	FR200	15/2	LC	04:09.37	PB
Robin Connolly	BR100	15/2	LC	02:16.73	PB
Robin Connolly	BA50	15/2	LC	01:17.65	–
Gavin Begbie	FR200	15/2	LC	03:06.47	PAB/best since '14

Gavin Begbie	FR50	15/2	LC	33.84	–
Gavin Begbie	BA50	15/2	LC	47.93	PAB
Robert Woodward	FR50	15/2	LC	34.97	PAB
Robert Woodward	BA50	15/2	LC	45.84	PAB
Bill Woodhouse	FR200	15/2	LC	04:09.65	–
Bill Woodhouse	FR50	15/2	LC	44.97	–
Bill Woodhouse	BA50	15/2	LC	01:00.72	best since '25
Rachel Wright	BR100	15/2	LC	03:11.90	PAB by 20 sec
Rachel Wright	FR50	15/2	LC	01:10.28	PAB by 18 sec
Rachel Wright	BA50	15/2	LC	01:24.12	PAB by 1 sec
Jil Mogyorosy	FR50	15/2	LC	53.53	–
Pamela Walter	BR100	15/2	LC	02:07.84	PAB/CR
Pamela Walter	BU50	15/2	LC	01:01.21	PAB/CR

(cont.)

Pamela Walter	BA50	15/2	LC	57.37	PAB/CR
Sue Woodward	BU50	15/2	LC	01:03.47	–
Sue Woodward	FR50	15/2	LC	56.57	–
Sue Woodward	BA50	15/2	LC	01:17.91	so close/best since '24
Barry Green	BR100	15/2	LC	02:42.41	PAB/CR
Barry Green	FR50	15/2	LC	52.25	PAB/best since '25
Barry Green	BA50	15/2	LC	59.34	PAB/best since '25/CR
Cas Brown	FR200	15/2	LC	05:22.22	PAB/best since '24
Cas Brown	BR100	15/2	LC	03:03.87	PAB/best since '23
Cas Brown	BA50	15/2	LC	01:17.44	–
Kathy Sadler	FR50	15/2	LC	56.02	PB by 4 sec
Kathy Sadler	BA50	15/2	LC	01:08.47	–



After training supper Feb 2026



A few members went to visit Hazel Christie (99) – one of our original members back in the day – pictured here with Marg Watson (87) and Cas Brown



Cott net swims were well attended over the summer months. The net will be removed for winter in the next week or two

ANNUAL GENERAL MEETING – 14 Feb 2026

The AGM was held and well attended. Robin Connolly accepted the role of Secretary (previously held by Barry) and Tash Kedgley took on the role as a General Committee member. (previously held by Bill Woodhouse). Deb Wagstaff accepted the role of Registrar early this year – taking over from Sue Woodward. Thanks to these members who gladly accept these roles to keep the club ticking over. The committee is always looking for fresh faces. A full list of award recipients from the 2025 year announced at the AGM can be found on our website

LAST BUT NOT LEAST...

Stadium Masters Swimming Club invites you to join us in the

2026 ONE-HOUR RELAY CHALLENGE

“SWIM FOR MEMORY”

of Marilyn Burbidge

for

Pancreatic Cancer

9am to 1pm, Sunday 28th June 2026

Perth High Performance Centre (formerly HBF Stadium),

Stephenson Avenue, Mt Claremont,

in the outdoor 25 m 8-lane pool

Put the date in your diaries and start getting your teams together. Email Pamela or Kathy with your teams :

pjdesigns@aapt.net.au or petersadler@hotmail.com

Thanks to everyone who contributed to this issue, Pamela & Barry for articles and results, Helen Austin for assisting with the checking of times that appear here & everyone that contributed photos

