



### PRESIDENT

#### Hi everyone

We had a very successful Sausage Sizzle at Bunnings in Subiaco last Saturday. It says a lot about our club when 2 days after Mark called for volunteers, he had more than enough helpers to man the sausage sizzle all day. Thankfully the rain was only a couple of showers rather than the forecast and we raised about \$900. Well done Mark and Helen and everybody who helped to sell over 500 hot dogs. Thanks again to Bunnings for the use of their facilities. The sausage sizzle is our only major fundraiser for the year.

We have had an encouraging increase in membership over the last couple of months with Brigitte, Kim, Barb and Sue joining as full members and Joe joining as a second claim member. Welcome all.

At the end of October, MSWA will again be organising "Lets Swim Together" event, when all the MSWA clubs will have an open day on the same weekend. Last year we had 4 people turn up to try out with us and 3 went on to become members, Tania S, Anna and Phyll.

It is disappointing that the Masters Games have been rescheduled due to COVID - they will now be held in April next year; a busy time for Masters Swimming as many of the State Championships are traditionally held in April.

The weather is getting warmer, yes really, and it's time to start thinking about ocean swimming. Cottesloe will be installing their shark barrier in the next week or so. The ocean is a brisk 19C at the moment and gets up to 23C by mid-April. Last year a group swam at Cott on Saturday mornings, who's ready to do it again?! The first of the Open Water swims is coming up soon &

will be held at Lake Leschenaultia on the 14th November.

Claremont Masters' Golden Groper Relays were a huge success with a record 313 swimmers entered in 57 heats. It all went off very well and Stadium Masters entered no less than 19 teams and finished 8th overall, thanks to a lot of hard work by Pamela. We hope this suggests a resurgence in pool swimming and we get a big entry for our own Stadium Masters LiveLighter Club Challenge event on 24th October.

See you in the pool - Peter

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## **TOP TEN AWARDS**

Craig was one of the 27 swimmers who swam in at least one LLCC meet during 2020. Craig managed to rank 2<sup>nd</sup> in the State Top Ten Long course in the 100m Freestyle. He was also part of a 280-319 relay team that has ranked 2<sup>nd</sup> in the National Top Ten Long course. Congratulations! 31 members gained a state top ten ranking and 21 of those also got into the National top ten.



### LONG STANDING MEMBERS



Carmen Harrison has become a 15 year member of our club and is still an active swimmer >>

<< Lillian Hadley has become a 20 year member of Stadium Masters and is an active social member these days...





Jil Mogyorosy is still in the pool and has notched up 20 years membership with Stadium Masters >>

<< Graham Winbridge has become a 5 year member of Stadium Masters and is swimming regularly



Congratulations to all our long-standing members (who are not mentioned in any particular order!!).

## **NEW MEMBERS**

What a brilliant segway - from our long-standing members to our 3 brand new ones.....Welcome to:



### **Brigitte Schuhkraft**

I'm Brigitte Schuhkraft, originally from Switzerland, which might explain my poor swimming skills..... I am a much better snow skier and hiker.

My friends Helen, Tania, Louise, Debbie and Ann from the City of Perth Surf Life Saving Club's March Past Team have been trying to get me swimming for a few years now and after our last camping trip with Helen, Louise and Tania I finally ran out of excuses and joined up. When I'm not swimming, I'm working as a

nurse at SJOG in Subiaco, have a husband Paul, 2 adult children Laura and Ben and 2 Miniature Schnauzers Billy and Tori.

I love Australia's wide open spaces, travelling and camping, gardening, knitting, reading and now swimming. Thank you for your warm welcome and all the encouraging words, I am absolutely loving it and can't believe what I have been missing out on for so many years!

### **Barb Tait**

Hi I'm Barb

I had been thinking about joining this swim club for a long time and I am really pleased I now have become a member of such a welcoming club.

I live locally and study part time at UWA (Indonesian Language). I enjoy travelling and hiking in different countries and swimming at the beach. Recently I have discovered the beauty of the Bibbulmun track, which I hike in



sections and one day I hope to have completed them all.



### **Kim Simpson**

I started swimming for Maylands swimming club when I was 7yrs old and left when I was 16.

I was a Swimming Instructor for Education Department and private clubs in WA and NSW from 1990 until 2004, where I instructed parents and bubs, school kids and severely disabled children and adults. I was also assistant coach of Aquamotion Swim Club.

I continued to swim myself 3 times a week for fitness from 17yrs until now at 53 and started competing again in

2018 at Alice Springs Masters Games and 2019 and 2021 Cairns Masters Games.

I wanted to join a club to improve my times and have structured coaching to keep competing in the Masters games and chose Stadium Masters Swimming Club as my preferred team



## UPCOMING CLINICS WITH ELENA



We have scheduled in some dates with Elena for clinics during October – all scheduled for the Wednesday morning sessions:

Wednesday 13<sup>th</sup> October -

Breaststroke Clinic # 2

Wednesday 27<sup>th</sup> October -

Butterfly Clinic



# SOCIAL SNAPPERS CORNER

The social members are looking forward to some warmer weather *and* the Claremont pool reopening - rumoured to be mid October. It's been a long three months without group swimming and the social chit-chat.



But the camaraderie continues with a recent morning tea at Lillian and Geoff's place to celebrate the combined birthdays of June Maher and Lillian. One of those beautiful days to be outside.

The Bold Park group meet for coffee periodically but are also looking forward to warmer weather.

Footnote: Claremont pool will be re-opening on the 8th October 2021

## EVENT WRAP UP – GOLDEN GROPER RELAY CARNIVAL – 11 Sept '21

#### By Pamela

Sixteen Stadium Master's swimmers registered for the event. From our 4 men and 12 women we managed to make up 19 teams and field our first ever team in the Dash for Cash. There were a total of 17 clubs participating and we managed a creditable 8<sup>th</sup> place overall.

#### **Relay results**

Three Club records were broken - Women's 4 x 50 FR 320+, Mixed 4 x 25 FR 320+ and the Women's 4 x 25 FR 320+. They also won the age group and gain a cheery fellow for a trophy (see photo!). The six swimmers that made up the 320+ relay teams were Merilyn, Audrey, Deirdre, Cas, Bill and Vic.







Individual results - Only the first swimmer off the starting blocks on "go" gets a legal time...

- Tania G BA50 55.94 PB
- Pamela W FR50 47.99 PAB and Fr25 21.72 best since 2018/ PAB
- Mark A FR50 39.85 PAB
- Phyll BA25 26.98 PB
- Anne E BA25 25.83 best since 2017
- Vic P BA25 21.92 best since 2019/CR
- Brett J- FR25 17.03 PB
- Kim S BA25 24.01 inaugural

# EVENT WRAP UP – BUNNINGS SAUSAGE SIZZLE – 2 October '21

#### by Mark

"Last Saturday we held our annual Bunnings Subi Sausage Sizzle and, despite the iffy weather, we managed to make a profit of \$942.75 - equivalent to just a sausage and drink less than the previous year!

A big shout out to all those that helped: our indefatigable M&Ms (Merilyn & two Margs); Anna for swapping forceps for tongs; Joy and the City marching gals for their calm peak hours efforts; Bill, Craig, Dale and Barry for some balancing



testosterone; and Phyll for making friends with just about everyone that happened to visit Bunnings on Saturday!" Thanks also to those members and friends who visited and bought a hot dog – Pamela, Pamela's husband!, Vic, Audrey, Dee, and Peter (sorry if we've forgotten anyone!).

Ed's note - Despite competing with the WAFL Grand Final and the Perth Royal Show, we managed to sell over 500 hot dogs.

We all walked away smelling of sausages and onions (Ed was greeted very enthusiastically by her dog on arriving home!) however it was a fun day and it is our only major fundraiser for the year. Thanks to Mark and Helen for pulling the whole fundraiser together.







## SUPER SNAPPER AWARD – CAS BROWN



For the first time Cas gained top points for every E1000 swim in breaststroke, freestyle and backstroke.

She exemplifies the Super Snapper Award which actually used to be called the "Improves Like Fine Wine Award!"

Congratulations Cas. Cas is a keen participant in the Endurance Swimming element of our club.

### **ENDURANCE SWIM CORNER**

#### By Bill

Here are the Aerobic Results up to 1<sup>st</sup> October 2021 from folios available at the time of entering on to the portal:

Cas 855 Audrey 568 Merilyn 130 Sarah 65 Anne 244 Barry 35 Tania 5 Brett 73 Vic 105 Pamela 545 Dale 285 Bill <u>385</u>



#### Total: 3,295 points

Not all folios were available by the deadline so the total does not represent the full number of points at this time. Bill requests that folios be forwarded before the end of October for an update for the following newsletter.

For those wishing to test their endurance swimming, members are available for timing on **Thursday mornings between 9.30am and 10.30am** and **Friday afternoon between 12.30pm and 1.30pm** before the Coaching Program starts.

## **CAPTAIN'S CORNER**

with Pamela



### 1. <u>Stadium Masters Livelighter Club Challenge – Sunday 24<sup>th</sup> October</u>

•We need swimmers on the day so keep training. The link to register is:

- : http://www.myswimresults.com.au/Entries.aspx?MeetID=MAU|15
- •Between your swims we need volunteers to help with timekeeping and other small jobs. Please let Peter know if you can help <u>phil@westnet.com.au</u>.
- •We need everyone to help with the supply of food for the lunch afterwards. Marg is requesting either sandwiches, or fruit, or cake/slice. Please let her know what you will be dropping off There is a spreadsheet in the cage for you to enter what you will be bringing or alternatively email Marg. Smithson <u>smithsonmarg@gmail.com</u> The Hockey Club (across the carpark from the top carpark HBF Stadium) will be open on the morning of our LLCC from 7.30am for food drop off. There is a cool room available
- •There is also a donations box in the cage for non-perishable food and wine that is suitable for the hampers.
- •Before the day we need 3-4 people to help Marg Watson with making up the hampers. Contact Marg on <u>dmawatson@iinet.net.au</u> if you can help with this.

### 2. Australian Masters Games

Have been postponed until April 2022

### 3. Club Swims

Next club swim is this Saturday 9<sup>th</sup> October 1.00pm for a 1.30 start in preparation for our LLCC.

Following this our next Club Swim will be Saturday 13 November 1.00pm for a 1.30 start in preparation for the Mandurah Livelighter Club Challenge on the 28<sup>th</sup> November 2021

### 4. <u>Memberships</u>

16 month membership fees are now available and can be activated from our website.

### 5. <u>Save the Date</u>

Our Christmas function will be held this year on Saturday 4<sup>th</sup> December. Other details will be announced soon. Watch this space.....



### **UNIFORM NEWS**

We can start thinking about the polo shirts and caps with summer around the corner now. If you have any uniform requirements let Sue know and she can put your request in with our next summer order. Snappers swim caps are always available at \$10.







Phyll lining up to lead off one of our relay teams in the Golden Groper Relay swim still wearing her very fetching silver and black sandals.



Pamela enjoying a moment drying her hair

### **BIRTHDAYS** being celebrated in October & November

October

#### **OCTOBER**

David Hodby 22 October

#### **NOVEMBER**

Helen Loake	1 November
Barry Green	2 November

Deb Wagstaff 20 November

Lesley Murphy 23 November



# AUGUST 2021 CLUB SWIM RESULTS

# Club Swim – Sat. 28<sup>th</sup> August - short course – inside 8 Iane pool

	Stroke/ distance	Previous Time	Today's time	comparison
Dee Stephenson	FR25	38.34 '20	38.80	Best since 2020
Deirdre Stephenson	FR50	1:19.81 '20	1:19.71	PAB/CR/best since 2018.
Audrey Bullough	BA25	36.21 '20	36.44	Best since '20
Audrey Bullough	BA50	1:22.20 '21	1:18.81	PAB/CR/best since '18
Cas Brown	FR25	25.23 '16 (last)	25.77	PAB best since '16/close to her PB
Cas Brown	BR25	36.23 '20	36.00	PAB/ best since '16
Phyll Tiller	BA25	28.37	27.50	PB
Pamela Walter	FR50	54.76 '20	48.77	PAB/best since '19
Pamela Walter	BA50	55.00 '20	55.47	PAB/CR best since '20
Anne Edmondson	FR25	20.45 '21	20.00	PAB/best since '17
Anne Edmondson	BR50	58.52 '15 last	1:03.05	PAB/Best since '15
Pat Hallett	FR25		23.32	inaugural
Pat Hallett	BA25		26.07 DQ	Inaugural/ didn't finish on the back
Pat Hallett	FR50		52.57	inaugural
Debra Wagstaff	FR25	16.81 '19	17.22	Best since '19
Debra Wagstaff	BR25		22.95	inaugural
Brooke	FR25		20.48	inaugural
Brooke	FR50		46.81	inaugural
Brooke	BA25		23.36	inaugural
Helen Loake	FR25	20.04 '20	18.99	PB
Helen Loake	BR25	24.78 '20	22.92	PB
Joy Johnson	FR25		23.48 split	inaugural
Joy Johnson	FR50	46.67 '15 см	48.21	inaugural
Joy Johnson	BA25		28.07	inaugural
Joy Johnson	BU25		27.39	inaugural
Joy Johnson	BU50		1:06.50	inaugural
Tania Gregg	FR25	20.73 '19	19.09	PB
Tania Gregg	BR25	28.81 '20	26.91	PB
Tania Gregg	BA25	24.42 '19	24.76	Best since '19
Sue Woodward	BU25	31.34 '21	27.14	PB
Sue Woodward	FR50		58.00	inaugural
Sara Cann	BR50	1:20.80 '21	1:14.58	PAB/best since '19
Anna Clare	BA25		24.34	inaugural
Anna Clare	FR50		42.11	inaugural
Anna Clare	FR25		17.72	inaugural
Bill Woodhouse	BR25	27.50 '19	27.18	PAB/Best since '16
Bill Woodhouse	FR50	42.78 '21	40.78	Best since '19
Dale Wilcox	BR25	26.97 '20	23.71	2 <sup>nd</sup> best time
Dale Wilcox	FR50	53.32 '19	50.90	PB
Dale Wilcox	BR50	54.41 '19	56.15	PAB/Best since '19
Brett Jago	BR25	35.77 '20T	24.70	PB
Brett Jago	FR50	38.96 '21	39.86	2 <sup>nd</sup> best time

# **DIARY ENTRIES FOR OCTOBER 2021 & BEYOND**

Take note of these dates below:

October			
OCIODEI	9th	Saturday	CLUB SWIM HBF Stadium - 1.00pm
October	12th	Tuesday	After Training Dinner - TBA
October	13th	Wednesday	Breaststoke Clinic 2 - 9.30am - HBF
October	13th	Wednesday	Club Committee meeting – 6.30 pm Regent's Park
October	24th	Sunday	Stadium Masters LLCC -
October	27th	Wednesday	Butterfly Clinic – 9.30am – HBF
October	29th	Friday	Let's Swim Together clinic - 1.30pm – HBF
October	31st	Sunday	Let's Swim Together clinic – 9.30am – HBF
November	2nd	Tuesday	MELBOURNE CUP DAY
November	10 <sup>th</sup>	Wednesday	Club Committee Meeting – 6.30pm – Regent's Park
November	13th	Saturday	CLUB SWIM – 1.00pm - HBF
November	14th	Sunday	MSWA Lake Leschenaultia
November	16th	Tuesday	After Training Dinner - TBA
November	24th	Wednesday	Council of Clubs Meeting
November November	24th 28th	Wednesday Sunday	Mandurah LLCC
November	28th	Sunday	Mandurah LLCC
November December	28th 4th	Sunday Saturday	Mandurah LLCC Christmas Function - TBA
November December December	28th 4th 8th	Sunday Saturday Wednesday	Mandurah LLCC Christmas Function - TBA Club Committee meeting – 6.30pm – Regent's Park
November December December December	28th 4th 8th 11th	Sunday Saturday Wednesday Saturday	Mandurah LLCC Christmas Function - TBA Club Committee meeting – 6.30pm – Regent's Park Fremantle Ports Swim Thru
November December December December December	28th 4th 8th 11th 18th	Sunday Saturday Wednesday Saturday Saturday	Mandurah LLCC Christmas Function - TBA Club Committee meeting – 6.30pm – Regent's Park Fremantle Ports Swim Thru OWS Christmas 10K - Coogee Beach
November December December December December December	28th 4th 8th 11th 18th 19th	Sunday Saturday Wednesday Saturday Saturday Sunday	Mandurah LLCC Christmas Function - TBA Club Committee meeting – 6.30pm – Regent's Park Fremantle Ports Swim Thru OWS Christmas 10K - Coogee Beach Last training sesssion

Registrations are now open online for several 2021/22 LiveLighter WOW Swims events including the Lake Swim, Fremantle Ports Swim Thru, and Christmas 10k. Go to the website for more information and registration vvv



# ACKNOWLEDGEMENTS AND DEADLINE

Thanks to Peter, Barry, Mark, Pamela and Bill for their contributions to this issue. The deadline for the next issue is **Friday 5<sup>th</sup> November for next issue out Friday 12<sup>th</sup> November 2021**.

If anyone has been travelling around the State please send some photos and a small write up to be included in our "Wander Out Yonder" page. Thank you in advance. I look forward to receiving your items - tania gregg@hotmail.com



STAY SAFE!

