

Club Swim – 31st January 2026 – HPC – outdoor 8 lane - LC

		Nom. time	Time	Comparison
Cas Brown	FR100 FR200	100 - 2:30.86 '25 200 - 5:23.45 '25	2:35.92 5:22.60	PAB/best since '24
Kathy Sadler	FR100 FR200	100 - 200 -	2:33.85 5:37.13	Inaugural inaugural
*Robin Connolly	FR100 FR200	100 – 1:43.97 200 – inaugural	1:58.63 4:12.76	PAB inaugural
*Helen Austin	FR100 FR200	100 - 2:14.16 '25 200 –4:58.86 '24	2:25.22 4:55.50	PAB PAB
Philip Lowe	FR100 FR200	100 - 2:12.15 '24 200 – 5:04.26 '24	2:22.65 5:05.72	
*Pamela Walter	FR100 FR200	100 –1:59.99 '25 200 –4:22.42 '25	2:09.95 5:27.35	PAB PAB
Bill Woodhouse	FR100 FR200	100 - 1:44.19 '25 200 – 3:59.90 '25	1:57.51 4:03.28	
Cas Brown	BR100	3:13.15 '25	3:12.97	PAB /best since '24
*Helen Austin	BR100	2:34.70 '25	2:37.91	PAB/CR
*Robin Connolly	BR100	inaugural	2:22.55	inaugural
Audrey Bullough	FR50	1:09.97 '25	1:14.53	
Cas Brown	FR50	1:02.03 '25	1:07.06	
*Helen Austin	FR50	59.25 '25	59.81	PAB
Kathy Sadler	FR50	58.51 '25	1:00.52	
Philip Lowe	FR50	51.04 '24	1:01.05	
*Pamela Walter	FR50	50.77 '25	56.87	PAB
*Barry Green	FR50	48.74 '25	53.57	PAB
Bill Woodhouse	FR50	43.92 '25	44.62	
Audrey Bullough	BA50	1:29.04 '25	1:35.21	
Cas Brown	BA50	1:16.04 '25	1:16.26	
Kathy Sadler	BA50	inaugural	1:06.55	inaugural
Bill Woodhouse	BA50	58.42 '25	1:03.59	
*Barry Green	BA50	57.03 '25	1:03.23	PAB/CR
*Pamela Walter	BA50	56.46 '25	1:02.11	PAB
*Robin Connolly	BA50	inaugural	1:15.43	inaugural
*Helen Austin	BA50	1:08.59 '25	1:09.22	PAB

Thank you to our volunteers who didn't swim but came to help.
 Tricia – Starter, Margaret Smithson – CTK, Peter L and Phyll Tiller.
 Yellow shows those who go into a new age group.