Stadium Masters Swimming Club Inc www.stadiummasters.org.au



Our Act Belong Commit Club Challenge held on the 22nd of October was a great success and our thanks are due to Peter Lyster who once again took on the role of

Lyster who once again took on the role of event Director. A big shout out to all those that assisted and to Venues West for assisting us with event sponsorship.

Another year is almost done and dusted and we will again be holding a get together at the Wembley Hotel on Friday 15th

December early evening. This proved very successful last year and we are hopeful for the same again in December. It's a festive and friendly opportunity to catch up and chat with other members that you rarely see – so we hope to see you there (yes, I can make this one).

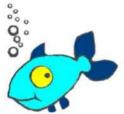
In this edition you will also find details of our AGM to be held on Saturday 20th January. Unfortunately, Bold Park is unavailable (as is HBF Challenge) and we will be unable to combine this AGM with a swim. Barry will soon circulate all the information and, as usual, all positions are up for grabs. Please consider getting involved in the running of our Club – or at least come along to the AGM to have a say or demonstrate your support.

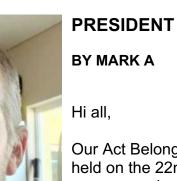
Lastly, Dale Wilcox our Treasurer of several years is retiring from the role and will also be leaving the Club due to moving home to be closer to his family (and a long way from HBF Challenge). Elizabeth Edmonson is also retiring as Registrar after many years in this role. Thanks to you both for your contributions. Remember,

Cheers, Mark









EVENT WRAP UP – BUNNINGS SAUSAGE SIZZLE – SAT 14th OCT

The results are in from our Bunnings Sizzle - and it seems the referendum generated quite a hunger: we sold 576 sausages and buns, more than 150 drinks and generated a profit for the Club of \$1,432, far exceeding our previous best numbers. To put this in perspective, this has a financial value to the Club equivalent to more than 11 new members will assist in offsetting part of the annual deficit we are running. So a very big thanks to all who contributed and volunteered their time to ensure that the event was a success - I hope you also enjoyed yourselves. Since it was such a success are you up for it again in about 6 months? The Committee is thinking around April 2024. Watch this space...

IN THIS ISSUE:

December / January Birthdays Event Wrap Up – Sausage Sizzle Event Wrap Up - Club Swims 7th Oct and 4th Nov Event wrap up – Stadium Masters ABC CCC Event wrap up – Mandurah ABC CCC Event wrap up - Inaugural Pride Carnival **Club Captains Corner Endurance Corner New Member Profile Diary Entries** Goggle Saw Notification of AGM Stadium Masters Acknowledgements



A VERY MERRY CHRISTMAS TO ALL OUR MEMBERS





EVENT WRAP UP – CLUB SWIM – SAT 7TH OCT 2023

ib Swim – Sat. / October			
Helen Austin – BR200	inaugural	5:49.60	5:49.40
100s			
Heat 1			
Audrey Bullough - BA100	3:03.75 ('22)	3:02.78	3:02.71
Dale Wilcox - BR100	2:22.42 (NC 2023)	2:36.43	2:36.51
Brett Jago – BA100	2:00.98 (RV'23)	2:05.44	2:05.58
Heat 2			
Dick Austin – FR100	2:50.45 (RV'23)	2:48.00	2:47.98
Helen Austin – FR100	2:49.53 (club swim '23)	2:21.88	2:22.15
Phyll Tiller – FR100	1:51.09 ('22)	2:13.59	2:13.81
Freestyle 50			
Dick Austin - FR	1:14.14 (RV'23)	1:15.45	1:15.41
Audrey Bullough - FR	1:09.16 (RV'23)	1:08.15	1:08.17
Breaststroke 50			
Helen Austin	inaugural	1:14,62	1:14.62
Dale Wilcox	1:01.34 (Freo LLCC 2023)	1:06.81	1:06.91
Jill Mogyorosy	1:00.53 (6/5/23)	1:06.07	1:05.94
Backstroke 50			
Phyll Tiller	58.44 ('22)	1:06.00	1:06.09
Brett Jago	54.87 (NC'23)	55.15	55.95

Club Swim - Sat. 7th October

This club swim was held in preparation for our Stadium Masters hosted ABC CCC.

EVENT WRAP UP – STADIUM MASTERS ABC CCC – SUN 22ND OCTOBER

By Barry

There were 116 registered swimmers for our own hosted event, but some did not swim on the day. Sixteen clubs entered and Claremont came first on 189 points, while Superfins came second on 188 points! A very close result. Stadium Masters (with a team of 14) managed third place with 131 points. Superfins won the Handicap Trophy.

There were some good swims by our swimmers but the result reflects the fact that the number of swims we registered in was less than the leading clubs – so to do better we need more swimmers and more swims.

Peter Lyster (as meet director of several years standing) produced his trademark; a smoothly run and most enjoyable meet. His team of volunteers did a terrific job much appreciated by the officials and the competitors. Although not yet ratified there were five State records and one National record.

The after-meet function at the UWA Hockey Club was well attended and the beautifully

wrapped raffle prizes were all claimed in the draw. Thanks are due to club members who generously donated these prizes and to Denise Scott and Phyll Tiller for the wrapping/packaging. The food supplied by members was sensational and much appreciated by hungry swimmers and officials. Comments from visiting swimmers indicated how much they had enjoyed the meet.

Here's what Pauline W had to say:



"...the lovely sisters who manage the desk are amazing and a delight. Also the volunteers who marshal the swimmers do a fantastic job. I always enjoy the Stadium Masters swim and the get together afterwards."

Mark presenting the winners Claremont with their trophy



Denise and Phyll preparing the raffle prizes



Mark with the Superfins who won the Handicap Trophy

Results for the meet as follows:

WSU ABCCC results - 11/10/2023

Name	Event	Date	LC	Time swum	Comment
Helen Austin	BR200	22-Oct	LC	5:40.41	PB by 9 sec
Helen Austin	FR100	22-Oct	LC	2:20.16	PB by 2 sec
Helen Austin	BR50	22-Oct	LC	1:11.81	PB by 3 sec
Cas Brown	BA200	22-Oct	LC	5:35.89	best since '21
Cas Brown	BA100	22-Oct	LC	2:37.83	best since '22
Cas Brown	BA50	22-Oct	LC	1:12.94	best since '20
Audrey Bullough	BA100	22-Oct	LC	3:01.95	PAB Best since '21
Audrey Bullough	FR50	22-Oct	LC	1:06.67	best since '22
Laura Chambers	IM200	22-Oct	LC	3:25.58	best since '22
Laura Chambers	BA50	22-Oct	LC	40.83	best since '21
Kim Simpson	FR50	22-Oct	LC	41.37	PAB 2nd best time
Kim Simpson	BR50	22-Oct	LC	53.25	PAB 2nd best time
Phyll Tiller	BA200	22-Oct	LC	4:43.50	PAB



Brett Jago	FR100	22-Oct	LC	1:35.18	best since '21
Brett Jago	BA50	22-Oct	LC	54.19	best since '21
Dudley Lowe	BR200	22-Oct	LC	3:41.36	inaugural
Dudley Lowe	BR100	22-Oct	LC	1:41.64	РАВ
Dudley Lowe	FR50	22-Oct	LC	31.64	PAB
Craig Barnard	FR200	22-Oct	LC	3:33.56	best since '22
Craig Barnard	FR100	22-Oct	LC	1:36.02	best since '22
Craig Barnard	FR50	22-Oct	LC	41.52	best since '22
Barry Green	BA100	22-Oct	LC	2:09.86	best since '22

EVENT WRAP UP – CLUB SWIM SCARBOROUGH – SAT 4 NOV 2023

The Club Swim was held in the short course lanes at Scarborough Pool so swimmers could get nominating times and practice for the short course event being held by Mandurah in two weeks time on the 19th November. Unfortunately I couldn't get a dedicated Chief Timekeeper to run the meet but thanks to everyone pitching in to help with starts and time-keeping the event ran very well and to time.

This was also remarkable because each swimmer was allowed to enter 5 events rather than the usual 3 to replicate the Mandurah ABCCC program. Each swimmer was allowed a 1×100 , 2×50 s and 2×25 s. This meant getting through 5 events per swimmer in the hour so very well done and thank you to everyone.

At Scarborough, there are no flags at one end of the 25m pool to indicate when the end is coming so backstroke times were expected to be slow with swimmers looking for the end. It didn't seem to affect some swimmers like Audrey and Cas who swam their best time since 2021.

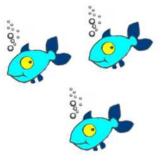
There were some remarkable performances. Check the	Name	Stoke/ distance	SC	1 st time	comparison
	Audrey Bullough	FR100	25	2:32.46	Best since '21
	Helen Austin	BR100	25	2:37.19	inaugural
results:	Jil Mogyorosy	BR100	25	2:26.46	Last swum in 2004
	Denise Scott	BR100	25	2:24.77	inaugural
	Cas Brown	FR100	25	2:19.09	Best since '21
	Helen Loake	IM100	25	2:02.96	inaugural
	Tania Gregg	BA100	25	2:29.15	inaugural
	Brett Jago	FR100	25	1:36.84	Best since '21
	Peter Scott	FR100	25	1:29.71	PB/CR
	Audrey Bullough	BA50	25	1:24.55	Best since '21
	Cas Brown	BA50	25	1:12.80	Best since '20
	Helen Austin	BA50	25	1:09.19	inaugural
	Helen Loake	BA50	25	1:01.22	inaugural
	Helen Austin	BR50	25	1:09.59	inaugural
	Denise Scott	BR50	25	1:08.49	PB
	Tania Gregg	BR50	25	59.66	PB 2 ½ sec

Helen Loake	BR50	25	53.73	PAB
Dick Austin	FR50	25	1:10.99	inaugural
Audrey Bullough	FR50	25	1:07.54	Best since '21
Barry Green	FR50	25	46.78	PAB/Best since '18
Helen Loake	FR50	25	46.94	PAB
Peter Scott	FR50	25	39.73	PB
Dick Austin	BA25	25	44.87	inaugural
Audrey Bullough	BA25	25	37.83	Best since '21
Helen Austin	BA25	25	33.17	inaugural
Barry Green	BA25	25	24.35	PAB/Best since "17/ CR
Helen Austin	BR25	25	31.68	inaugural
Dick Austin	FR25	25	29.12	inaugural
Audrey Bullough	FR25	25	28.28	Best since '21
Cas Brown	FR25	25	26.37	Best since '21
Brett Jago	FR25	25	17.23	Best since '21

CLUB CAPTAIN'S CORNER

By Pamela

Hi all,



The new swimming caps are now available.

They are \$12.00, are seamless and should stay on better than the previous ones. They have our club logo printed on them so they are pretty flash. Let Sue W know if you want one. Organise with her when you will both be at training so she can bring one along for you. susannewoodward@gmail.com It would be lovely to see lots of our swimmers wearing them at our ABCCC. Thanks Sue W for organising these caps, they look terrific.

Don't forget the Christmas function at the Wembley Hotel on Friday Dec15th, Margaret Smithson has sent an email out and payment is to be made into Stadium Masters Bank Account - BSB 036063 Account 162984

Check the end of the newsletter for the WOW Open Water swims coming up...



AWARDS – OCTOBER SUPER SNAPPER

This award was presented to Helen Austin this time. Helen gain 2 inaugural swims and 4 personal bests from her last 2 meets she's attended; ie over six swims. Congratulations Helen!







Barry at the Pride Carnival getting beaten by a duck in his 50m Breaststroke event!

And Tania all smiles after winning an iPad at the Pride Carnival!





NOTICE OF ANNUAL GENERAL MEETING – STADIUM MASTERS

1

Stadium Masters Swimming Club Inc.¶ Notice of Annual General Meeting 2024¶

The club annual general meeting will be held at ¶

the Regent Park Estate Function Centre, 80 Mooro Drive, Mount Claremont, ¶ on Saturday on 20th January 2024 at 3.00pm.¶

Agenda ¶

1.→Welcome and Attendance¶

2.→Apologies¶

- 3.→Approval of the Agenda ¶
- 4.→Confirmation and Adoption of the Minutes of the 2023 AGM, and Matters arising¶
- 5.→ President's Annual Club Report for 2023 (paper to be sent prior to the meeting)¶
- 6.→Treasurer's Report for 2023 (paper to be sent prior to the meeting)¶
- 7.→ Proposed Budget for 2024 (paper to be sent prior to the meeting)¶
- 8.→ Resolution "That the number of ordinary committee members (i.e., not office holders) for the coming year, be three." See below.¶
- 9.→Election of the Management Committee for 2024.¶

President, Captain, Secretary, Treasurer, and General Members' Representatives. ¶

- 10. Endorsement of the Coaches ¶
- 11. Any Other Business

End of the formal meeting 🖷

- Presentation of the 2023 Awards.¶
- General discussion on the club, members comments.¶

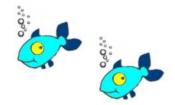
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Explanation of Item 8, (Ordinary) Resolution* ¶

"That the number of ordinary committee members (i.e. not office holders) for the coming year, be three."

*From the Constitution rule 34: "At the Annual General Meeting, the Association must decide by resolution the number of ordinary committee members (if any) to hold office the next year. From the Constitution rule 27: "The committee members consist of – a) the office holders of the Association, b) at least one ordinary member."

Mark Anderson 2023 President.



Stadium Masters Proxy Form available on the last page of this newsletter

Nomination for a Position on the Management Committee of the Stadium Masters Swimming Club*

*To be determined at the Annual General Meeting, 20th January, 2024¶ This procedure is governed by the Club Constitution rules 31, 32 and 33.¶ ¶

<u>Nomination</u>¶

I (the undersigned ordinary member) wish to nominate for the position in the Committee of Management of;

Position	Tick one only	X
President	X	¤
Secretary	×	¤
Treasurer¤	×	¤
Captain¤	X	×
General Members' Representative	X	×
Any Committee position	X	¤
Signature of the above nominee		1
1.→Support for the above Nomina	tion¶	
n	tion¶ wish to support the a	bove-nomination¶
1.→ <u>Support for the above Nomina</u> (the undersigned ordinary member)	tion¶ wish to support the a	bove-nomination¶
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EVENT WRAP UP – MANDURAH ABC CCC – SUN 19TH NOV 2023



Equal 5th place with Belmont out of 18 teams that participated. Great job! On Sunday 19/11/23 Phyll drove Cas, Audrey, Tania, Barry and Brett down to Mandurah. Sara had arranged to go independently. Peter Lyster had registered but unfortunately could not go. Phyll had volunteered to time-keep for us which she did for the whole meet (as well as drive us down and back). This Stadium Masters team of 6 swam well (no results available at time of writing) and we came equal 5th with Belmont. The four Stadium Masters ladies combined to swim an impressive 4 x 25 m freestyle relay, but there was no possibility to field a male relay team with only 2 men present.

This meet is a most enjoyable one offering the shorter distances (i.e., 25 m), and the hospitality of the Mandurah club is great (raffle and especially after meet food and drink!). Hopefully, next year more of our club swimmers will take the opportunity to participate.

Short Course 19th November, 2023

ace	Team		Points
1	Mandurah Masters	Mandurah Masters	502
2	Rockingham Maste	Rockingham Maste	226
3	Armadale Masters	Armadale Masters	97
4	Claremont Master	Claremont Master	89
5	Stadium Masters	Stadium Masters	85
6	Belmont Masters	Belmont Masters	83
7	Perth Rainbow Sw	Perth Rainbow Sw	70
8	Inglewood Master	Inglewood Master	55
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EVENT WRAP UP – PERTH RAINBOW SWANS - PRIDE CARNIVAL – SAT 25^{TH} NOV 2023

This is a relatively new masters club, the Perth Rainbow Swans. This club sent a strong team to the Stadium ABCCC in October and Stadium thought it should support the Rainbow Swans firsthosted event at the Claremont Swimming Pool.

From the Rainbow Swans website; "We are a masters swimming club that aims to promote swimming amongst the lesbian, gay, bisexual, transgender, intersex, non-binary, queer/questioning, asexual and aromatic (LGBTIQA+) community and where members, regardless of sexuality and gender identity, can train together in an inclusive environment with mutual respect." The club trains at Beatty Park.



Stadium registered a team "The Fabulous Four"; Audrey, Tania, Brett, and Barry to compete in a maximum of three individual 50 m events and registered for 10 swims. The team was



accompanied by Phyll who time kept for the whole meet. The deadline for registration was set before the deadline for the Mandurah ABCCC which, I am sure, reduced the number of Stadium swimmers.

This was a club challenge swim like no other I have experienced. There was a synchro (artistic) swimming display by the mixed team "the West Coast Splash" commentated on by two drag queens; Fay-Rocious and

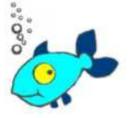
Cougar Morrison. The organisers had also arranged for non-Masters swimmers to compete in separate events as "community".

The Fabulous Four swam well and in particular competed well in a mixed 4 x 50 m freestyle relay. Fourteen clubs participated and Stadium Masters came a very respectable 4th place.

There were about 16 Masters clubs competing but, in general, the number of swimmers was



relatively low. After the meet there were free hot dogs, icecreams, swim bags and then a raffle, with very generous prizes on offer. One lucky Stadium Masters member won an iPad! Despite a few glitches (the starting system was poor, and the marshalling a bit haphazard), everyone loved the event. Hopefully it will be held again next year with more participation from Stadium Masters!



Officials getting into the rainbow theme of the morning!

second second

Pride Swim Carnival - 25/11/2023 Team Rankings - Through Event 8 Combined Team Scores

Place	Team		Points
1	Cockburn Masters	Cockburn Masters	126
2	Perth Rainbow Swans	Perth Rainbow Swans	119
3	Maida Vale Masters Swimming Cl	Maida Vale Masters Swimming Cl	54
4	Stadium Masters Swimming Club	Stadium Masters Swimming Club	40
5	Claremont Masters	Claremont Masters	33
6	Rockingham Masters	Rockingham Masters	30



DECEMBER

Aresh Rob W	10 Dec 30 Dec
JANUARY	
Tania S	2 Jan
Zelda M	2 Jan
Anna C	5 Jan
Bill W	7 Jan
Dudley L	8 Jan
Jil M	8 Jan



Birthday celebrations in November for Barry and Sue W

AUSTRALIAN MASTERS GAMES 2023 - RESULTS FOR KIM SIMPSON

Kim's results in the 19th Australian Masters held in Adelaide in October this year are as follows:

 BU25m - 21.37 - bronze - inaugural

 BR25 - 24.04 - bronze - inaugural

 IM100 - 1.50.03 - bronze - inaugural

 BR50 - 52.33 - bronze - PB

 FR25 - 18.41 5th - inaugural

 BA25 - 22.00 - gold - PB



IM and FR200m freestyle relay - Combined female team featured Kim, plus two swimmers from Perth City and 1 from Westcoast – a bronze medal for both relays. Great job on your medal haul Kim! Congratulations!

NEW MEMBER PROFILE – MIKE HAEDERLE

I recently retired after a long career in mineral exploration - mostly in Australia and Asia, and was subsequently introduced into Stadium Masters by friends Mark and Helen Anderson/Loake. It's been a very warm and welcoming experience being part of the club, and I enjoy the swim sessions in the mornings. I love being outdoors exercising, and swimming (especially in the ocean) is an important part of that (as are running, cycling and paddling). My other interests include music (Perth Symphonic Chorus, Scottish Fiddlers - violin), travel (including learning languages), hiking, and gardening. I look forward getting to know you all in due course, over apres swim coffee.





ENDURANCE SWIM CORNER

By Bill

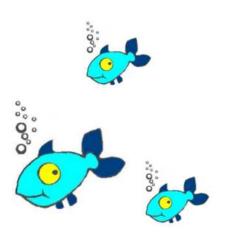
Fifteen swimmers have swum endurance swims up to 25th November 2023. Here are the e1000 results:

Helen A 66 Cas 855 Audrey 536 Sara 26 Anne 300 Barry 40 Tania G 18 Brett 496 Helen L 80 Denise 5 Kim 40 Pamela 535 Dale 125 Bill 168 Sue 30



Total points 3420

DIARY ENTRIES – WHAT'S COMING UP...



DIARY ENTRIES

Christmas Party Fri 15th Dec Wembley Hotel

Last booked swim lanes 2023 Sun 17th Dec First booked swim lanes 2024 Sun 7th Jan 2024

AGM Regency Park Mooro Dve, Mt Claremont Sat 20th Jan 2024

Christmas 10K - WOW Swims Series Round 3

DATE: Saturday 16 December 2023 VENUE: Coogee Beach, Coogee TIME: Registration 6am. First wave 7:30am COST: From \$50-\$95 (\$15 late entry fee) ENTRIES CLOSE: Thursday 30 November 2023 DISTANCES: 1600m/3.4km/10km

Fremantle Ports Swim Thru - WOW Swims Series Round 2

DATE: Saturday 9 December 2023 VENUE: South Beach, Fremantle TIME: Registration from 6:30am. First wave 8:00am COST: From \$15-\$40 (\$50 late entry fee) ENTRIES CLOSE: Thursday 7 December 2023 DISTANCES: 250m/1600m/3200m

2024 MSA National Championships

Masters Swimming NT is excited to be hosting the 47th annual Masters Swimming Australia National Championships in Darwin from 3-7 May 2024. Journey to the heart of Australia's tropical north for this fantastic event, which is expected to attract some of the finest masters swimmers from around the country and overseas.

Pool events will be held at the world class <u>Parap Pool</u>, just five minutes from the CBD. Open water swimming will be held in the lagoon at Darwin's beautiful <u>Waterfront precinct</u>, located in the CBD and home to a variety of quality restaurants.

There is a variety of accommodation options available in Darwin's CBD, including hotels, motels, resorts and self-contained apartments. Hudson Parap is unfortunately now sold out. Head to the event landing page with <u>Tourism Top</u> <u>End</u> for the full list of accommodation.

Bus timetable information can be found <u>here</u> and car hire providers are based at Darwin International Airport and Darwin CBD. You can request a car hire quote with unlimited kilometers <u>here!</u>

Follow the event on Instagram and Facebook to stay up to date about the 2024 championships!

Stadium Masters Swimming Club Inc.

Annual General Meeting, 20th January 2024

PROXY FORM

Resolution "That the number of ordinary committee members (i.e. not office holders) for the coming year, be three."

Name of the member appointing a Proxy:

Signature.....

Name of Proxy (printed): Rule 53 of the Constitution deals with proxies as follows;

"(1) Subject to subrule (2), an ordinary member may appoint an individual who is an ordinary member as his or her proxy to vote and speak on his or her behalf at a general meeting.

- (2) An ordinary member may be appointed the proxy for not more than 20 other members.
- (3) The appointment of a proxy must be in writing and signed by the member making the appointment.
- (4) The member appointing the proxy may give specific directions as to how the proxy is to vote on his or her behalf.
- (5) If no instructions are given to the proxy, the proxy may vote on behalf of the member in any matter as the proxy sees fit.
- (6) If the committee has approved a form for the appointment of a proxy, the member may use that form or any other form
 - (a) that clearly identifies the person appointed as the member's proxy; and
 - (b) that has been signed by the member.
- (7) Notice of a general meeting given to an ordinary member under rule 52 must -
 - (b) state that the member may appoint an individual who is an ordinary member as a proxy for the meeting; and
 - (b) include a copy of any form that the committee has approved for the appointment of a proxy.
- (8) A form appointing a proxy must be given to the secretary before the commencement of the general meeting for which the proxy is appointed.
- (9) A form appointing a proxy sent by post or electronically is of no effect unless it is received by the Association not later than 24 hours before the commencement of the meeting."

For a proxy vote to count, the person naming the proxy must not be present at the meeting, but the person nominated to be a proxy for that member, must be. The name of the Proxy may be a Management Committee office holder (e.g. President, Vice President (Captain), Secretary, Treasurer), or Members' General Representative, or any other ordinary member (not a social member or a second claim member).

ACKNOWLEDGEMENTS AND DEADLINE

Thanks to Barry G, Pamela W, Bill W, Phyll T, Mike H, Helen L for their contributions both written and photographic, to this issue. **Next issue will be out end JAN 2024**. Thank you in advance for your contribution. I look forward to receiving any items you would like to forward . Merry Xmas to all <u>tania_gregg@hotmail.com</u>

END