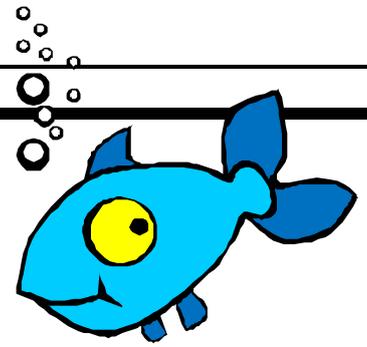


SNAPPETS



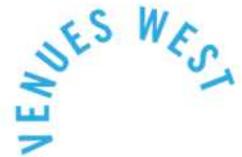
Stadium Masters Swimming Club Inc

www.stadiummasters.org.au

January 2023



PRESIDENT



Hi everyone,

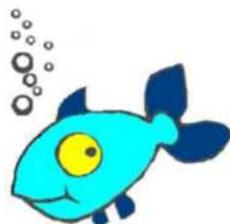
Well, that's another AGM under our belt and marks our 31st year since the formation of the Club. Thank you to everyone who attended the AGM, contributed to the discussions, and to the unanimous endorsement of our two nominations for Honorary Life Membership of Stadium Masters: Marg Watson and Barry Green. Huge congratulations to both our very deserving new Life Members. You'll find further details of all our Award winners and a more comprehensive report of the

meeting elsewhere in this issue of Snappets.

One of the main items of discussion at the AGM was how we might mitigate our forecast operating deficit – our income is staying the same but our costs have gradually increased. We will undertake some belt-tightening steps this year but it would be beneficial to also supplement our revenue. If you have any good ideas, please communicate your thoughts to the Committee.

I'm sure most of us have a goal of getting or staying fit and healthy this year – so let's all get to as many training and social sessions as possible while our resolutions are still fresh.

Cheers Mark



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IN THIS ISSUE:

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Event Wrap-Up – AGM & Award Winners

Club Captains Corner

Social Club Corner

Endurance Swim Corner

February / March Birthdays

Open Water Swims

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Diary Entries

Acknowledgements

Please remember to Follow us on Instagram  [stadiummastersswimming](https://www.instagram.com/stadiummastersswimming)
and Like us on Facebook  Stadium Masters Swimming Club

EVENT WRAP UP – CHRISTMAS FUNCTION AT THE WEMBLEY HOTEL – Sat Dec 3rd 2022

We had a mighty turnout for the Christmas party which was held in the courtyard at the Wembley Hotel between 5pm and 7pm. Drinks were flowing and pizzas were being devoured at the rate of knots. Speeches were short and sweet, with Pamela presenting the Club Top Ten certificates for 2021. Pamela stated:

"- To get into the WA State Top Ten ranking is pretty impressive. Therefore to get into the National Top Ten is even more difficult.

- In 2021 we had 53 either full or second claim members. Of those 25 women, 8 men and 2 second claim members competed in either a LLCC, a club swim or were timed for an aerobic swim under the Snappers banner. So 35 members.

-All 35 who competed gained a place in the State Top Ten rankings and 25 gained a placing in the National Top Ten in at least one event. I'm sure you will agree that is an awesome achievement."

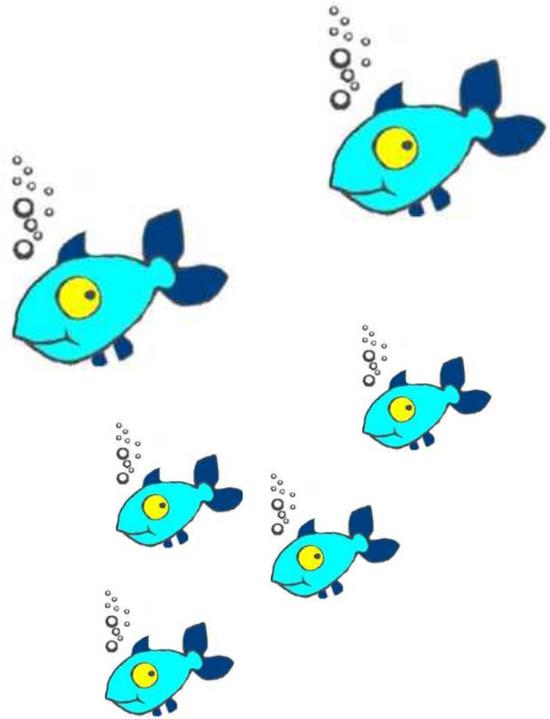
The certificates, prepared by Pamela, were presented, although some recipients were not present. In addition, three swimmers were given MSA certificates for being in the Top Ten in their age group for the 2021 (National) Masters Swim Series. They were Audrey Bullough, Barry Green and Deirdre Stephenson.

Also spotted at the function was Elizabeth with her newly minted Australian Paralympian medal #15 in tow.

Well done to Marg Smithson for organising this event, we all had a marvellous time.





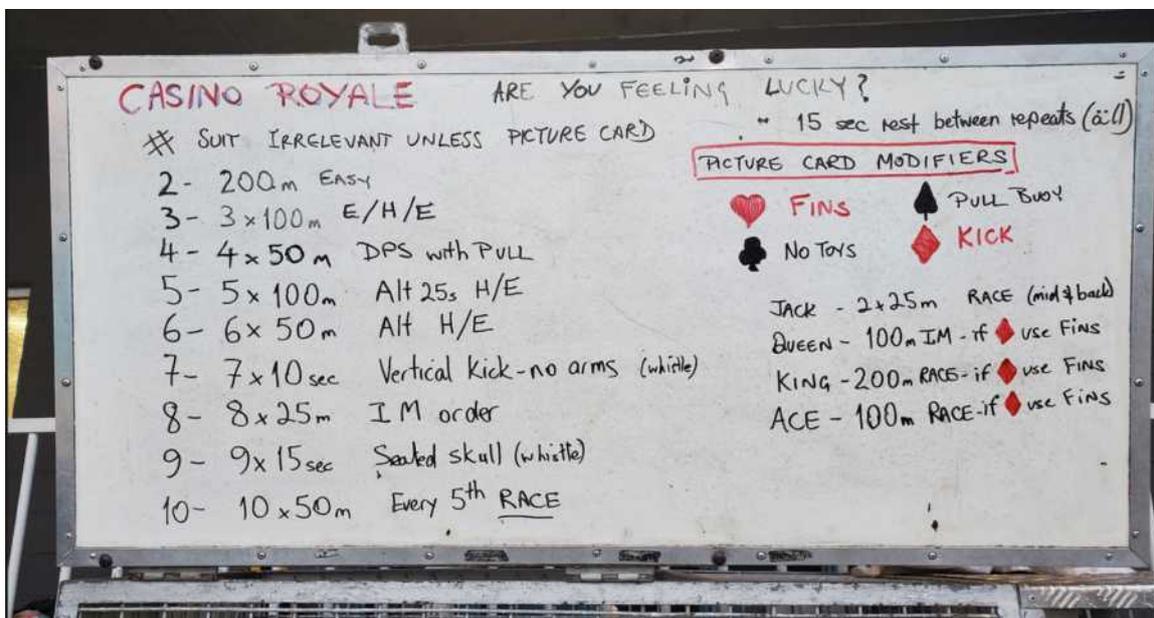


What a beauty and lovely nails too Elizabeth!

Christmas Casino

On the subject of Christmas the last swimming sessions before the Christmas break saw some hi-jinx, especially the last Tuesday session coached by Mark.

Prior to the Tuesday session he had mentioned that there would be a casino session. We had no idea what that entailed. For the session he had a pack of cards and a whistle. Mark would cut the deck and a swimmer would chose a card maybe 3 below the top card. We'd then look at the board to see what we had to swim and apply the rule for the suit whether fins, no toys etc. Of course if it was difficult like 10 x 50 he'd tell the others to blame the swimmer who had picked the card! The whistle was for the things like kicking on the spot. There was much joviality. When kicking on the spot the Claremont swimmers who were watching indicated we should also hold our arms above our heads (easy for them to say!!)



EVENT WRAP-UP – AGM STADIUM MASTERS – SAT 21ST JANUARY

2023 Annual General Meeting (AGM) Report

This AGM was held at Bold Park and was preceded by a club swim. It was well attended (21 swimming members and 2 social members). The details will be in the draft minutes which should shortly go on the club website. The usual business was dealt with (approval of AGM 2022 minutes, approval of the President's 2022 report, the approval of the Treasurer's 2022 report and approval of the draft budget for 2023. In addition, there were three resolutions which were unanimously agreed;

1. That the number of ordinary committee members (i.e., not office holders) for the coming year be three. (Note that is the present number but the constitution requires it be determined by a resolution each year).
2. That Margaret Watson be declared an Honorary Life member of the club.
3. That Barry Green be declared an Honorary Life member of the club.

The addition of these 2 Honorary Life Members brings the total number of such members to 5 (the already existing members were Lynda Joachim, 'Tricia Summerfield and Pamela Walter).

Nominations for membership of the club management committee were received from those in the 2022 committee. No other nominations were received and so the 2022 committee members retain the same positions in the 2023 Management Committee. The 5 coaches (who have agreed to continue for 2023 (Mark Anderson, Anne Edmondson, Barry Green, 'Tricia Summerfield and Bill; Woodhouse were endorsed.

Under the agenda item "Any Other Business" the matter of the club's finances was discussed. In 2022 there was a budget deficit of \$2,948 and for 2023 a similar deficit is projected. Clearly this situation cannot continue long-term and various ways of addressing the shortfall were discussed. The Committee will commence some actions over the forthcoming year.

Following the formal business of the AGM the 2022 awards were presented.

Awards winners and Runner's up:

Honorary Life Member Awards –

Marg Watson and Barry Green

Only 3 previous recipients:

Lynda Joachim (founder and initial President) 2004

'Tricia Summerfield (also Honorary Life Member of the MSWA) 2013

Pamela Walter 2021





Kevin Wren Award – Champion Male Swimmer

Winner - Barry Green

Runner up – Brett Jago

The Kevin Wren Award is awarded to the champion male swimmer who achieves the most points during the year calculated according to the formula detailed in the Club by laws. The trophy was donated by Audrey Wren in memory of her late husband Kevin.



Lynda Joachim Award – Champion Lady Swimmer

Winner – Cas Brown

Runner up – Phyll Tiller

The Lynda Joachim Award is awarded to the champion female swimmer who achieves the most points during the year calculated according to the formula detailed in the Club by laws. This award is named after Lynda Joachim, Snappers' first president and then captain for two years. Lynda returned home to Queensland in 1995. She was appointed the first life member in 2004.



Cliffe Webb Trophy

Winner – Phyll Tiller

Runner up – Audrey Bullough

The Cliffe Webb Award is awarded to the champion swimmer who achieves the most points during the year calculated according to the formula detailed in the Club by laws. Winners of the Kevin Wren and Lynda Joachim awards in the same year are not eligible for this award. Inaugurated in 2002, the trophy was donated by Cliffe Webb, who joined the Club on a visit from the UK, and who continues to enjoy his association with the club.



Founder's Award

Winner – Sue Woodward

Runner up – Anna Clare

The Founders' Award is presented to the swimmer who has never won any of the above awards or the Founders' Award and whose swimming performance shows the most commitment and greatest improvement over the year.

Points are calculated according to the formula detailed in the Club by laws This award was also inaugurated in 2002. It was donated by Glad McGough, the coach who conducted the original Swim to a Healthy Lifestyle program, in honour of the participants who went on to form the Snappers Club.



Beatie Norris Endurance Award –

Winner – Pamela Walter

Runner up – Audrey Bullough

The Beatie Norris Endurance Award is presented to the swimmer who achieves the highest number of points in the Endurance1000 program boosted by age-based bonus points calculated by the club. Beatie Norris learned to swim and joined the club at 70 and she concentrated on swimming aerobic swims.



The Award that is named after her is therefore based on the e1000 program. Pamela Walter and her sisters donated the trophy for the Beatie Norris Endurance Award in honour of their mother who was a Club member for 18 years. Beatie died in 2014.



President's Award

Winner – Deb Wagstaff

The President's Award is selected by the President and awarded to a Club member who has made an outstanding contribution to the administration and/or development of the Club.

Participation Award

Winner – Phyll Tiller

Runner up – Marg Smithson

The Participation Award is presented annually to the member who actively participates in the most training sessions, club swims and Be Active Challenges, either as a swimmer, official or helper. This award also recognizes the extra and special efforts contributed by the recipient in their own time to advance the club's ideals.



Star Awards

Endurance Star Awards were inaugurated in 2000 to encourage more Club members to participate in and benefit from endurance swims, even though they may not be proficient in all strokes. From 2007, Four and Five Star Awards are available for swimmers who also complete the endurance Individual Medley and Butterfly swims. Speed is not a factor and there is no element of competition.

The Star Awards are presented to the swimmers who have completed all the aerobic swims in a stroke ie 5 x 400m, 5 x 800m, 1 x 1500m, 1 x ½ hr, 1 x ¾ hr and 1 x 1 hr swims.

1 Star Award

A One Star Endurance Award is given to anyone who completes the 14 swims in the Vorgee Endurance 1000 program (five x 400 m, five x 800 m, and one each of 1500m, half hour, three quarter hour and one hour) in any one of the three major strokes, freestyle, backstroke or breaststroke

Anna Clare – Completion of all e1000 swims in Freestyle

2 Star Award

A Two Star Endurance Award is given for completing the 14 swims in two strokes

Audrey Bullough – Completion of all e1000 swims in Freestyle and Backstroke

Brett Jago - Completion of all e1000 swims in Freestyle and Backstroke

3 Star Award

A Three Star Endurance Award for completion in three strokes.

Cas Brown – Completion of all e1000 swims in Freestyle, Backstroke, Breaststroke

Pamela Walter - Completion of all e1000 swims in Freestyle, Backstroke, Breaststroke

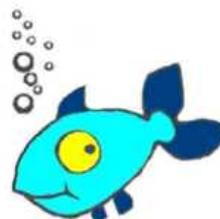
Phyll Tiller - Completion of all e1000 swims in Freestyle, Backstroke, Breaststroke

Congratulations to all our award winners and runners' up

CLUB CAPTAIN'S CORNER

By Pamela

Hi all, here's what's coming up:



Saturday morning ocean swims at Cottesloe

These swims are still happening most Saturdays and we swim inside the shark net. Everyone is welcome. We meet at Cottesloe on the lawn to the north of Indiana Teahouse at 8.00am. Let someone know if you are thinking of attending to make sure a group is going

Rottnest virtual swim – next year – Sat 25th February 2023

A Rottnest Virtual Channel Swim is to be held on the actual day of the Rottnest swim and can be achieved with teams of up to 10 members. In the 70/80-year age group, already 9 of our

members have expressed interest in taking part. Perhaps other groups of members in the club would like to participate in this event? For more information click here:

<https://rotnestchannelswim.com.au/virtual-rotnest-channel-swim/>

Point Peron Swim - Saturday 4th February

After a successful swim last year, this event is on again. We meet at the Walter's beach shack to drop off lunch/snack supplies then car pool to Penguin Island jetty. We swim around Shoalwater Bay in the pristine clear water very close to shore so you can hop in or out of the water at your leisure, finishing up at Point Peron and to the shack for our refreshments. Ed can highly recommend this swim and you don't have to be an ocean water pro to participate in this one. More details to follow from Pamela.

Newman-Churchlands Act Belong Commit CC – Sunday 19 February

This meet will be held at Newman College Pool Empire Ave Churchlands. The venue is an outdoor long course pool. Warm up 8.15am for a 9.00am start. Cost of meet entry is \$12 per swimmer (plus booking fee) which includes entry to the pool

ENTRIES CLOSE: 9 February and the REGISTRATION LINK:

<https://swimcentral.swimming.org.au/bounce?returnUrl=%2Fevents%2F368d218e-4d0f-4944-852e-670de38619c9%2Fdetail>

EVENTS

1. 200 Freestyle
2. 100 Breaststroke
3. 50 Butterfly
4. 50 Freestyle
5. 50 Backstroke
6. 100 Butterfly
7. 4 X 50 Women's Freestyle Relay
8. 4 X 50 Men's Freestyle Relay

Get your entries in early so Pamela can sort relay teams. Free sausage sizzle afterwards!!

After training dinner – Tuesday 7th February

Let Marg Smithson know if you will be attending so she can arrange the booking

SOCIAL CLUB CORNER

By Marg W

Firstly, I'd like to express my surprise and gratitude in being awarded an Honorary Life Membership at the recent AGM. I feel quite humbled by the gesture and thank the club for all it has given me over the past 30 years.

The Claremont group finished a very successful year with an "After swim breakfast". 14 members enjoyed the delicious toasted sandwiches, followed by Lillian's homemade fruit mince pies.

The Bold Park Group helped Zee celebrate her 96th birthday with an afternoon tea in the New Year.

Both groups had a break over the festive season, with the Claremont group back in the pool at 8am Mondays and Wednesdays. The swimming classes (swimvac) are an added challenge!

Swimming with a group is always most rewarding, and the coffee 'n chat at the Tee Box cafe afterwards is an added bonus.

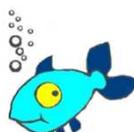
KOS !!! (keep on swimming)

Marg Watson

A Social members Christmas breakfast was held in December with a good turnout. Dee Stephenson was presented two certificates – one of which was from Masters Swimming Australia for being in the Top Ten for the 85-89 age group in the Masters Swim Series 2021. Congratulations Dee.



Dee Stephenson Marg Watson & Ann Ritchie





ENDURANCE SWIM CORNER – e1000

By Bill W

It has been suggested it would be fun to convert all endurance swim points into kilometres and attempt to swim to Brisbane! Or further if we can. Here are the final endurance swim results to year end 2022:

Craig	40
Cas	855
Audrey	562
Marilyn	23
Sara	32
Laura	5
Anna Clare	263
Anne	190
Jackie	40
Barry	160
Brett	572
Dudley	40
Denice	2
Kim	5
Marg S	98
Phyll	855
Pamela	855
Dale	240
Bill	241
Sue	82

Total **5180 pts**



Translated into air kilometres via the State capitals we finished 165 kms north of Mackay being 432 kms short of Cairns. Cairns will be an achievable aim for 2023. –

For those wishing to test their endurance swimming and add to our Stadium Masters points score this year, members are available for timing on **Thursday mornings between 9.30am and 10.30am** and **Friday afternoon between 12.30pm and 1.30pm** before the Coaching Program starts.

HIGHLIGHT IN THE 2022 NATIONAL RANKINGS for 3 of our Stadium Masters e1000 swimmers

By Cas B

In 2022 there were only eight swimmers nationally who gained 855 points (ie top points for swimming each of their 14 swims in free, back and breast strokes).

Amazingly, three of these swimmers were from Stadium Masters which is a huge achievement for our club:

Pamela Walter

Phyll Tiller

Cas Brown

A big thank you must be given to all the much needed timers, especially to Marilyn who so often came to time only. Without the timers this would not have been possible. Also many thanks to Bill Woodhouse who always records our swimmers times.

FEBRUARY / MARCH BIRTHDAYS



FEBRUARY

Heather Rhebok	2 Feb
Dee Stephenson	4 Feb
Brett Jago	8 Feb
Audrey Bullough	25 Feb

MARCH

Pamela Walter	6 Mar
Anne Edmondson	21 Mar
Richard Ingleby	21 Mar
Barb Tate	30 Mar

OPEN WATER SWIMS

By Pamela

Floreat swim – Sat 4th December 2022

Results from the **2022 Indian Ocean Open Water Swim at Floreat on 4th Dec.**

Name	Distance	Age group	Age	Time
Pamela Walter	2.5 Km Solo Swim	50 years & over	71	1:02:51.4
Anna Clare	2.5 Km Solo Swim	35 to 49 years	46	54:44.3
Julianne Crowley	1.25 Km Solo Swim	50 years & over	73	33:54.8

Fremantle Ports Swim Thru – Saturday 10 December 2022

Below is the run down by Masters Swimming WA of the Fremantle Swim Thru:

Masters Swimming WA mentions a 73 year old but I was the oldest person to swim the 3.2 kms! Also Stuart Grey swam the 1.6km and he's probably in his 80's.

The 100th anniversary of Maisie Boyle's Big Swim in 1922 was a great day. There was over 400 swimmers across the three distances including 22 people aged from 8 to 73 in the Try It event. Maisie Boyle's granddaughter Leanne Boston even participated in the swim, and was on hand to share information and stories of the famous first swim. Leanne was kind enough to bring the "original" trophy along to display at the event.

Conditions were mostly calm with a moderate easterly wind although some swimmers advised it was 'a bit choppy out the back' toward the end.

As usual the Freo Fins coordinating committee and volunteers did an outstanding job, as did the referees, and Coogee Beach Surf Lifesaving Club. The atmosphere was great and there have been thank you notes from people going home to Victoria, South Australia and Spain, who all enjoyed the swim.

Club Captain Pamela finishing her 3.2km swim at the Swim Thru Perth last Sunday 22 Jan 2023 (and she's still smiling!!)

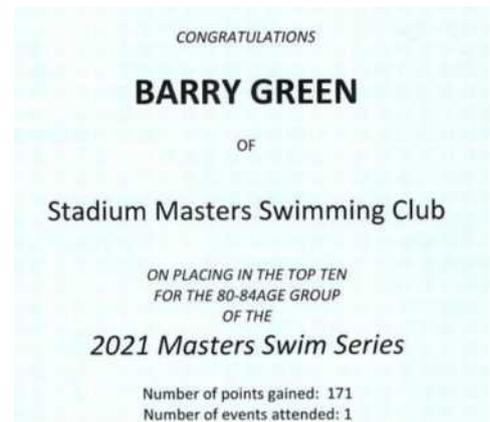
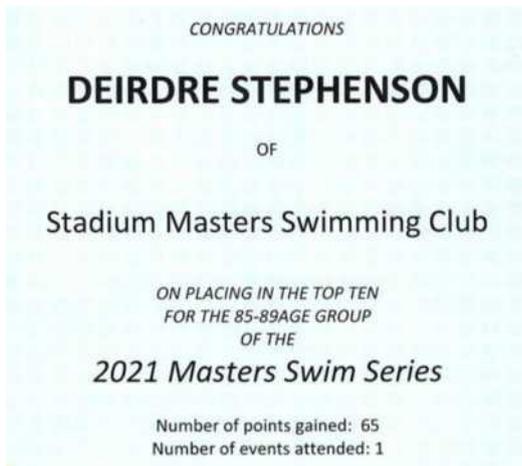
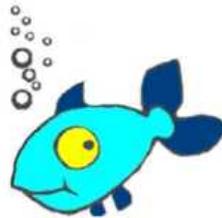
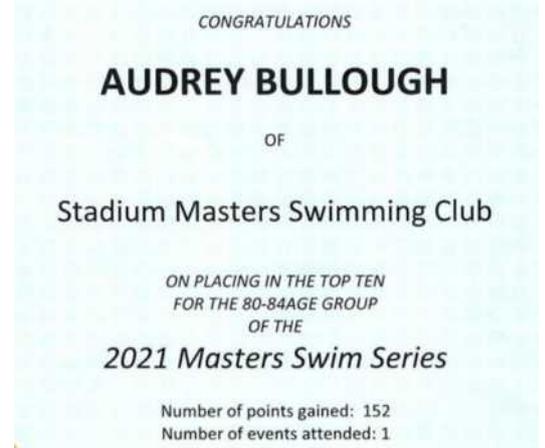
Photo by Mark A



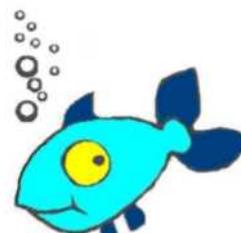
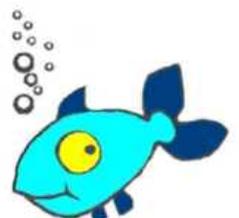


GOGGLE SAW

The following certificates awarded by Masters Swimming WA recently:



Goggle saw Jil and Jo wearing matchy-matchy bathers at a Saturday morning Cott swim late in December!



DIARY ENTRIES

Busy days ahead, put these dates in your diary:

Point Peron Swim	Sat 4th February
After Training Supper	Tue 7th February
Busselton Jetty OWS	Sun 12th February
Newman Churchlands ABC CC	Sun 19th February
Rottnest Channel Swim	Sat 25th February
Mullaloo Mile OWS	Sat 4th March
Club Swim pre Fremantle ABC CC	Sat 11th March
Coogee Jetty to Jetty OWS	Sun 12 March
Port to Pub OWS	Sat 18th March
After Training Supper	Tue 21st March
Fremantle Masters ABC CC	Sun 26th March

WOW the community swim series for all **SWIMS**

act belong commit

2022-23 WOW Swims Series Calendar

Date	Event	Location
Sunday 13 November 2022	Lake Swim 400m try it, 800m, 1600m, 3.2km	Lake Leschenaultia, Chidlow
Saturday 10 December 2022	Fremantle Ports Swim Thru 250m try it, 1600m, 3.2km	South Beach, Fremantle
Saturday 17 December 2022 <small>contingency date 18 Dec 2022</small>	Christmas 10k Merry Mile, 3.4km & 10km	Coogee Beach, Coogee
Sunday 22 January 2023	Swim Thru Perth 800m, 1600m, 3.5km	Matilda Bay, Crawley
Saturday 4 March 2023	Mullaloo Mile 400m try it, 800m, 1600m, 3.2km <small>1600m distance inc. MSA National Open Water Swim Championship</small>	Mullaloo Beach, Mullaloo
Sunday 12 March 2023	Coogee Jetty to Jetty Swim 250m try it, 750m & 1500m	Woodman Point, Coogee



2023 National Championships

Masters Swimming Tasmania are proud to host the 2023 Masters Swimming Australia National Championships at the Doone Kennedy Hobart Aquatic Centre from 18 to 23 April 2023. Registrations will open Monday 12 Dec 2022 and close Monday 27 March 2023. And don't forget to look at your accommodation early, as I'm sure swimmers will be booking early..

ACKNOWLEDGEMENTS AND DEADLINE

Thanks to Mark A, Barry G, Pamela W, Bill W, Cas B and Marg W, for their contributions to this issue. **Next issue will be out end MARCH 2023.** Thank you in advance for your contribution. I look forward to receiving any items you would like to forward tania_gregg@hotmail.com

END

