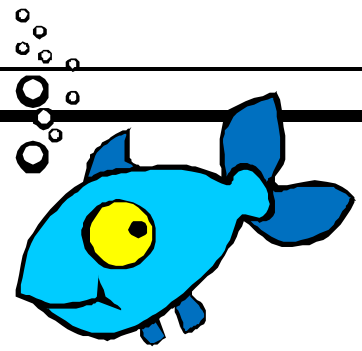


SNAPPETS



Stadium Masters Swimming Club Inc

www.stadiummasters.org.au

March /April 2022



PRESIDENT

Hi everyone

Welcome to the first issue of Snappets in 2022, and to my first introducing the newsletter in the role of President – so this time I'm not ranting on about EVFs or similar technique tip. Although I rarely get involved in swimming competitions, I've been a member of Stadium Masters since 2016 and a Coach for a year or two now, so I think I've met most of our members. My main goal is simply to see the Club continue to prosper and provide an environment where we can all experience the triple Fs!

VENUES WEST

At our January AGM our Captain, Pamela Walter, was awarded Honorary Life Membership. Pamela is only the third SMSC member to receive such an honour and I'm sure you all agree that she is thoroughly deserving of the award. Thank you Pamela for all your work over many years and your continuing efforts in fostering club activities.

The AGM also saw Peter Lyster step down as President after 3 years in the role and so ably guiding the Club. We all owe Peter a vote of thanks for his steady hand, dedication and efforts that have helped to place the Club in a good space - thank you Peter.

Keep those elbows high, cheers Mark



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Goggle Saw

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Acknowledgements

Please remember to Follow us on Instagram  [stadiummastersswimming](https://www.instagram.com/stadiummastersswimming)

and Like us on Facebook  Stadium Masters Swimming Club

EVENT WRAP UP – NEWMAN CHURCHLANDS LLCC – 20th February 2022

By Barry

Our team consisted of 9 women and 5 men where there was a possibility of 42 individual swims being completed. However, only 38 swims were swum. Each completed swim gives a point for the club, so swimmers are encouraged



to try to swim the maximum 3 individual events for each LLCC. The club finished equal 4th with Claremont on the day. Just think what those extra 4 swims could have done to our final points tally! Two women's relay teams and one men's relay team were swum. It would have been good to have more relay teams entered and swum as more points are awarded for relays!

There was good news. There were no technical disqualifications of our swimmers and no-one missed their event – well done marshall Jo-Ann! Thank you to Marilyn for timekeeping and those who filled in for others (e.g. Rob).

Several points stood out from a coaching point of view:

1. Starts (both out of the water and in the water) could be improved.
2. Turns could be improved.
3. Finishes could be improved.



Use the warm-up to not only adjust your body to the subsequent exercise (everyone should have some sort of a warm-up which, of course, is quite individual), but also to practise starts/turns and finishes. Get a knowledge of the geometry of the pool and surrounds (mainly on the bottom for face-in-the-water strokes, and above the water for backstroke). This will assist in your turns and finishes.



Photos Peter Lyster



SOCIAL SNAPPERS CORNER by Marg W

It's been a topsy-turvy start to the New Year, however we got through the holiday swim classes, and the dreadfully hot January days. And now for an update to start 2022:

Claremont group: School Swimming Carnivals started on Friday 11 Feb. and will finish Friday 1st April. Bookings for most Mondays and Wednesdays start at 9.15am (or later) so our usual **8.00 am start** shouldn't be a problem.

Bold Park group: Four of our older group met on Friday 4th February for coffee and catch-up at the pool. Marg Somes had a swim and the others enjoyed the social contact. It was decided to meet again on **the first Friday of the month at 2pm** at George's (Empire Village Shopping Centre).

The AGM went very well, with Mark Anderson voted in as new president. (Peter having completed 3 years). Pamela was unanimously voted in as our 3rd Life Member and continues to wear many caps in her service to the club since 1993!

Welcome back to all those who chose to re-join again this year and thank you for making fitness and fun so enjoyable. More updates to follow; and any ideas or suggestions welcome.

Keep well, Keep fit, Keep healthy, Keep swimming Marg W



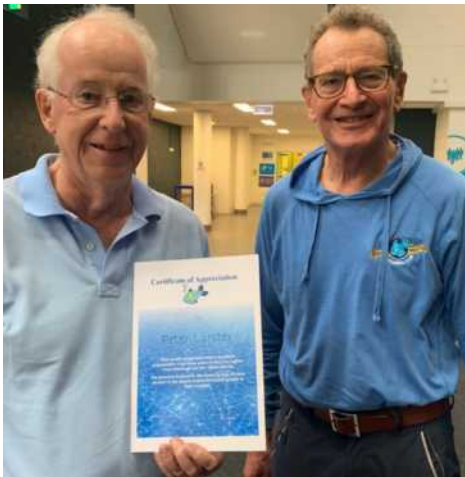
The social members got together one Monday morning where outgoing president Peter Lyster introduced the new incoming President Mark Anderson



Photos: Elizabeth Edmondson

A certificate of appreciation was presented to Lillian for producing the club certificates for many years





On Friday 25th February Barry presented Peter with a Certificate of Appreciation for his efforts in organising our Stadium Master's hosted LLCC's and also our hosted 1500m event over his 3 year term as President:

"This award recognises Peter's excellent organisation over three years of the Live Lighter Club Challenge and 1500 m events. His attention to detail in the planning and his calm control of the events have contributed greatly to their success."

Congratulations and thank you Peter. Our Stadium Masters 1500m event will be held again this year on Saturday 14th May at HBF stadium.

ENDURANCE SWIM CORNER

by Bill – Endurance points recorder

It has been suggested it would be fun to convert all endurance swim points into kilometers and attempt to swim to Brisbane! Or further if we can. Here are the endurance swim results to 18 March 2022:

Cas	240 points
Audrey	27 ‘
Merilyn	23 ‘
Brett	9 ‘
Phyll	80 ‘
Pamela	230 ‘
Bill	38 ‘
Sue W	32 ‘
Total	679 points



Converting these points now into kilometers takes us to 43 kilometers before Norseman, not quite half way to the South Australian border at Eucla yet. Keep on swimming!

On another note Ed wishes to add that last year with the points Bill gained for his e1000 swims he came 2nd in Western Australia for his age group and 5th in Australia. Congratulations Bill!

There are 26 clubs involved in the Vorgee e1000 programme and at the recent Masters Swimming WA Awards night the e1000 trophy was awarded to Claremont Masters with 8897 points. That doesn't seem to be too high a goal so let's try and increase our points and win next year.

For those wishing to test their endurance swimming and add to our Stadium Masters points score, members are available for timing on **Thursday mornings between 9.30am and 10.30am** and **Friday afternoon between 12.30pm and 1.30pm** before the Coaching Program starts.

CLUB CAPTAIN'S CORNER

by Pamela

Hi all,

SOCIAL SWIM AT HILLARY'S – Saturday 5th February 2022



The Hillary's swim was held at 9am on Saturday 5th February 2022. It was a beautiful morning to swim somewhere new and in the protected waters of the marina.

On the way in to shore a few swimmers decided to test out the big slides on the pontoons that float out in the middle

which was hair-raising! Ed thinks that was Phyll's idea. Or was it Pamela's idea?! Breakfast and coffee afterwards finished off a fun morning.

SWIMS AT COTTESLOE SHARK NET coming to a close...



A small but dedicated group of Stadium Masters members have met regularly here at 8am on the grassed area north side of Indiana Tea Room over the summer months. The swimming enclosure is built off the groyne and stretches out 170 metres north from the groyne and 140 metres from the shore in an 'L' shape and is constructed from flexible nylon which moves with the water.

It makes for an amazing swim session when you can swim with the fish on a clear and magical morning with a warm ocean temperature. It's the best way to start your weekend. These swims are starting to wind down now that the weather is changing, with the net being removed for the winter months – around 31 March. Keep an eye out, we may have one swim left before the net is removed. It will be installed again in late October 2022.

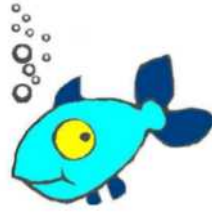
AFTER TRAINING SUPPER

The most recent after training supper was held with good attendance at the Wembley Hotel. These are held after a Tuesday night session. Next one will be on Tuesday 3 May with venue TBA. All welcome.



UPCOMING SOCIAL EVENTS...

The Point Peron swim will again be held on Saturday 25th March (tomorrow at time of writing) and Mini Golf will be held on Thursday 7th April at Wembley Golf Course, with time yet to be advised. Save the Date.



EVENT WRAP UP – Annual General Meeting – 29th January 2022

The Annual Club general meeting was held at Bold Park Aquatic Centre at City Beach on Saturday 29th January 2022. A club swim was held prior to the meeting and after the AGM many stayed, used the barbecue facilities and chatted. Most left early however, to watch Ash Barty play in her Australian Open tennis final on TV.

The AGM was held after the club swim in the meeting rooms with the following awards presented:

Awards winners and runner's up:

Honorary Life Member Award – Pamela Walters

Only 2 previous recipients –

'Tricia Summerfield (also Honorary Life Member of the MSWA) 2013 and Lynda Joachim (founder and initial President) 2004.

Read more about Lynda Joachim later in this edition....



Kevin Wren Award – Winner Barry Green

R/Up

Bill Woodhouse

The Kevin Wren Award is awarded to the champion male swimmer who achieves the most points during the year calculated according to the formula detailed in the Club by laws. The trophy was donated by Audrey Wren in memory of her late husband Kevin.



Lynda Joachim Award – Winner Pamela Walter

R/Up

Audrey Bullough

The Lynda Joachim Award is awarded to the champion female swimmer who achieves the most points during the year calculated according to the formula detailed in the Club by laws. This award is named after Lynda Joachim, Snappers' first president and then captain for two years. Lynda returned home to Queensland in 1995. She was appointed the first life member in 2004.



Cliffe Webb Award – Winner Audrey Bullough

R/Up

Phyll Tiller

The Cliffe Webb Award is awarded to the champion swimmer who achieves the most points during the year calculated according to the formula detailed in the Club by laws. Winners of the Kevin Wren and Lynda Joachim awards in the same year are not eligible for this award. Inaugurated in 2002, the trophy was donated by Cliffe Webb, who joined the Club on a visit from the UK, and who continues to enjoy his association with the club.



Founder's Award – Winner Sara Cann

R/Up

Anne Edmondson

The Founders' Award is presented to the swimmer who has never won any of the above awards or the Founders' Award and whose swimming performance shows the most commitment and greatest improvement over the year. Points are calculated according to the formula detailed in the Club by laws. This award was also inaugurated in 2002. It was donated by Glad McGough, the coach who conducted the original Swim to a Healthy Lifestyle program, in honour of the participants who went on to form the Snappers Club.



Beatie Norris Award – Winner Cas Brown

R/Up

Bill Woodhouse

The Beatie Norris Endurance Award is the latest addition to the Club's array of annual awards. It is presented to the swimmer who achieves the highest number of points in



the Endurance1000 program boosted by age-based bonus points calculated by the club. Pamela Walter and her sisters donated the trophy for the Beatie Norris Endurance Award in honour of their mother who was a Club member for 18 years. Beatie died in 2014.

President's Award – Barry Green

The President's Award is selected by the President and awarded to a Club member who has made an outstanding contribution to the administration and/or development of the Club.



Participation Award – Tania Gregg

The Participation Award is presented annually to the member who actively participates in the most training sessions, club swims and Be Active Challenges, either as a swimmer, official or helper. This award also recognizes the extra and special efforts contributed by the recipient in their own time to advance the club's ideals.



Star Awards

Endurance Star Awards were inaugurated in 2000 to encourage more Club members to participate in and benefit from endurance swims, even though they may not be proficient in all strokes. From 2007, Four and Five Star Awards are available for swimmers who also complete the endurance Individual Medley and Butterfly swims. Speed is not a factor and there is no element of competition.

The Star Awards are presented to the swimmers who have completed all the aerobic swims in a stroke ie 5 x 400m, 5 x 800m, 1 x 1500m, 1 x ½ hr, 1 x ¾ hr and 1 x 1 hr swims.

1 Star Award

A One Star Endurance Award is given to anyone who completes the 14 swims in the Vorgee Endurance 1000 program (five x 400 m, five x 800 m, and one each of 1500m, half hour, three quarter hour and one hour) in any one of the three major strokes, freestyle, backstroke or breaststroke

Dale Wilcox – Breaststroke

Anna Clare - Freestyle

Sara Cann – Breaststroke



AGM Photos Phyll Tiller

2 Star Award

A Two Star Endurance Award is given for completing the 14 swims in two strokes

Audrey Bullough - Freestyle, Backstroke

Anne Edmondson - - Freestyle, Backstroke

Bill Woodhouse – Freestyle, Breaststroke



3 Star Award

A Three Star Endurance Award for completion in three strokes.

Cas Brown - Freestyle, Backstroke, Breaststroke

Pamela Walter - Freestyle, Backstroke, Breaststroke



Congratulations to all the award winners and runners' up

MARCH / APRIL BIRTHDAYS



March

Pamela Walters	6 Mar
Anne Edmondson	21 Mar
Richard Ingleby	21 Mar
Barb Tate	30 Mar

April

Stuart Gray	12 Apr
Geoff Hadley	21 Apr
Margaret Somes	22 Apr
Peter Scott	23 Apr
Carmen Harrison	30 Apr
Jo Alievski	30 Apr



MILLION METRE MILESTONE – CAS BROWN

On Friday 18th March 2022 Cas Brown reached her goal of swimming 2 million metres.

Million Metre Badges - The Vorgee Million Metre Awards are national awards for completion of 1, 2, 3, 4 (introduced in 2016), 5, 7 and 10 million metres. The member logs on a record sheet (available from Masters Swimming WA) the distance achieved at each swim (training, endurance or competition). All distances swum are cumulative. There are no requirements of style or speed and it is the member's own responsibility to record the distance swum.

Don't stop there Cas, you are on your way to the 3 million milestone now! Congratulations on your big achievement

Cas coming in for her last 2 000 000th metre



NEW MEMBERS

You may have noticed 2 new swimmers swimming with us recently – Rob Woodward and Jo-Ann Alievski. They both tell Ed a bit about themselves...



Rob Woodward

“I'm a Physics Teacher working at John Forrest Secondary College. I joined with my wife Sue, who has been swimming with the club for the past year or so. I joined as another form of exercise instead of riding my bike. I swim mainly on the weekends and during the School holidays. As you will know if you've seen me I have no pace control and tend to either swim fast or sink like a stone. I never really swam competitively before and in my past my sports were Rugby and Mixed Netball.”

Jo Alievski

“I am the girl who is both checking your passports and your parcels as they cross over the border into Australia. I have been with the Australian Border Force (ABF) for 7 years now. Prior to ABF I have had a multitude of job titles from Sports trainer to CEO in the Finance industry. My education history is just as decorative with studying Psychology in my 20s, Accounting in my 30s and Counter Terrorism in my 40s. I am also a Reiki Master and Trainer which brings me great joy hearing the feedback from my clients and watching my students learn to heal themselves and their love ones.



Learning to swim was always on my bucket list and it wasn't until I overheard the lovely Helen and Louise talking about their swimming club that I finally took the steps to follow this dream. And so far I am loving every minute of it.’

CLUB SWIMS – 29TH JANUARY / 12 MARCH 2022

Two club swims have been held already this year. The first was held in preparation for the Newman Churchlands LLCC and the most recent has been held in preparation for the upcoming Fremantle LLCC.

The club swim on the 29th January was held prior to the AGM at Bold Park long course. Thirteen swimmers took part in the club swim. A big thank you to Marilyn, Margaret Watson and Pam Cann for coming along to volunteer in official roles to ensure the smooth running of the event. Despite having no blocks there were some good times set to start the year. Results as follows:

Name	Dist.	Time	comparison
Cas Brown	FR200	5:00.45	Best since '20
Sue Woodward	FR200	5:05.80	PB
Phyll Tiller	FR100	1:51.09	PB
Phyll Tiller	FR200	3:59.09	PB
Jil Mogyorosy	FR100	2:08.83	Best since '20
Jil Mogyorosy	FR200	4:23.60	Best since '20
Pamela Walter	FR100	1:58.76	PAB/best since '20
Pamela Walter	FR200	4:05.13	PAB/best since '20
Barry Green	FR100	1:54.43	PAB/best since '17
Barbara Tate	FR200	3:28.03	Inaugural
Sara Cann	BR100	2:54.85	PAB /Best since '20
Brett Jago	BR100	2:24.95	Best since '20
Jil Mogyorosy	FR50	51.73	Best since '16
Phyll Tiller	FR50	48.38	PB
Rob Woodward	FR50	42.80	Inaugural
Barbara Tate	FR50	40.93	PB
Sara Cann	BA50	1:31.50	Inaugural
Sue Woodward	BA50	1:21.94	DQ would have been PAB
Jil Mogyorosy	BA50	1:02.35	Best since 2020

The next very successful club swim was held on the 12th March with lots of good swims

	Stroke /dist	LC/ sc	Time	Comparison
Sue Woodward	BU50	50	1:07.71	PB
Peter Scott	FR50	50	41.19	inaugural
Pamela Walter	FR50	50	49.22	Best since '21
Barry Green	FR50	50	47.56	Best since '21
Denise Scott	FR50	50	1:02.33	inaugural
Jil Mogyorosy	FR50	50	51.25	PAB/Best since '16
Kim Simpson	FR50	50	42.38	PB by 7 sec;
Rob Woodward	FR50	50	36.89	PB
Brett Jago	FR50	50	40.73	Best since '21
Sue Woodward	BR50	50	1:14.98	PB by 7 sec
Brett Jago	BR50	50	59.87	Best since '20
Jil Mogyorosy	BR50	50	59.93	PAB/Best since '15
Kim Simpson	BR50	50	53.79	PB by 3 sec
Peter Scott	BR50	50	51.41	inaugural
Rob Woodward	BR50	50	56.89	inaugural
Denise Scott	BR50	50	1:14.18	inaugural

recorded. Thank you to Jo who volunteered and was chief recorder and marshal. Also to Kim and Bill who helped out with starting the races. Club swims are conducted with the correct LLCC procedures so it is a very good opportunity to get used to the whistles that will be encountered at an interclub event as well as practicing starts, turns and race strokes.

Carmen Harrison	BR50	50	1:46.56	inaugural
Audrey Bullough	BA50	50	1:28.36	Best since '21
Cas Brown	BA50	50	1:18.04	Best since '21
Carmen Harrison	BA50	50	1:51.67	PAB/Best since '12
Denise Scott	BA50	50	1:22.03	inaugural
Barry Green	BA50	50	57.49	Best since '21
Jil Mogyorosy	BA50	50	1:00.96	PAB/Best since '16
Kim Simpson	BA50	50	54.76	PB by 2 sec
Brett Jago	BA50	50	55.39	Best since '21
Rob Woodward	BA50	50	47.18	inaugural
Peter Scott	BA50	50	53.03	inaugural

INTRODUCING...LYNDA JOACHIM

It is with great pleasure that Ed introduces to you one of our Honorary Life Members – Lynda Joachim. One of our major trophies awarded annually at our AGM every year is named after her. Here is her story...

“My love of the water started when I was 2yrs old at the beach at Bribie Island. At Camp Hill Primary school some students in grade 3 were given the opportunity to go swimming. The first time our small group of about 15 children went to a pool we were simply asked to stand on the edge and jump in and swim across the pool.



No one said they couldn't swim, and of course you guessed it, some had to be rescued while the rest of us scrambled to the other side.

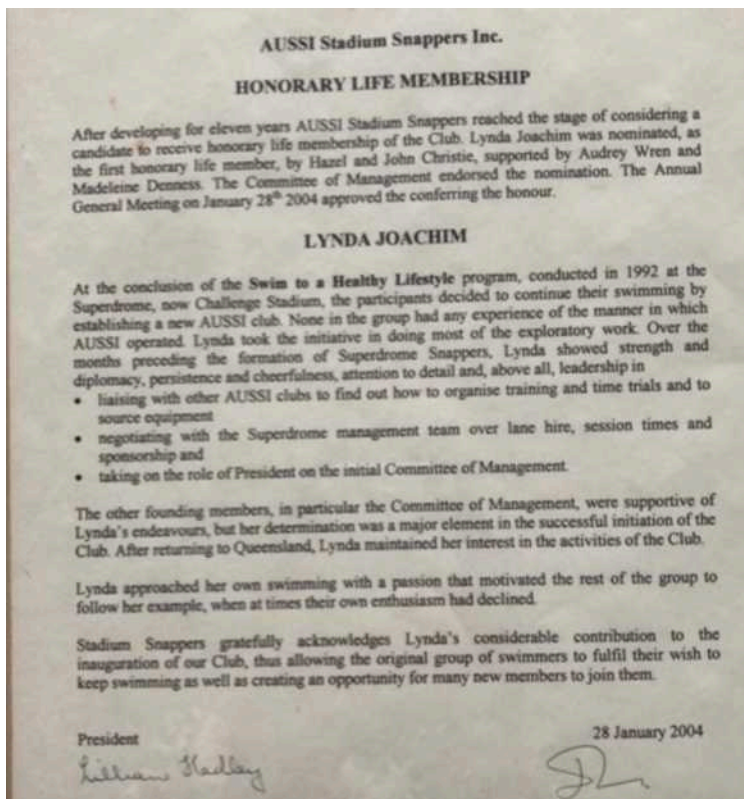
I continued swimming at primary and high school, but then golf got in the way.

It wasn't until we came to Perth in 1991 that I discovered the wonderful swimming centre known then as the Superdome. An article in a local paper was encouraging people to take part in 'stroke improvement sessions'. I signed up and this wonderful enthusiastic lady Glad McGough (Maida Vale club) ran the program over several sessions. Many of the group that attended didn't want to stop swimming and we wanted to continue with the skills that Glad had taught us. It was with the encouragement from Glad that we created an AUSSI swim club Snappers. The wonderful outcome is that a number of those participants still have involvement/connections with the club today. Lots of many happy memories come from my time in Perth swimming with the Snappers.

I simply love reading the Snappets Newsletters and seeing how the club is participating in swimming both at club level and other adventures in the water.

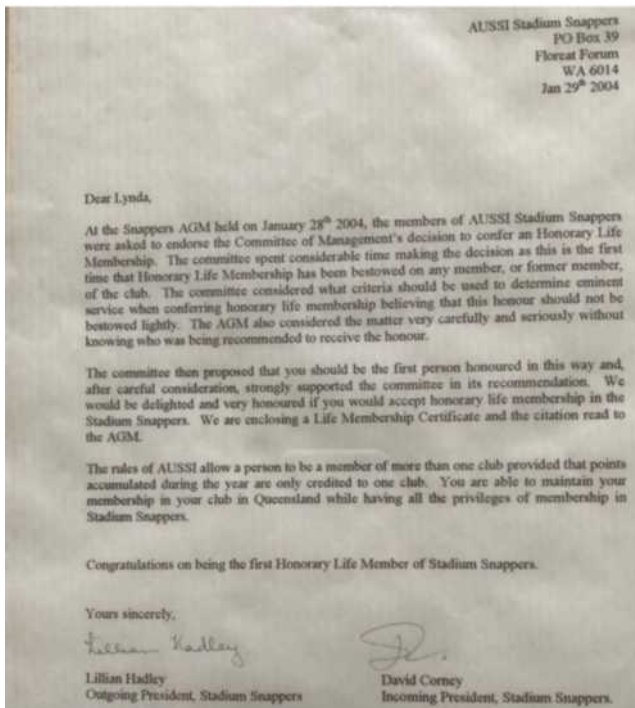
In 2020 we had a trip planned that would take us to Perth to join a cruise ship but that was all changed due to COVID hitting the country. It is rescheduled for March 2023. So looking forward to catching up."

Here's a part of the summary of her nomination to Life Member by Hazel & John Christie:



“At the conclusion of the Swim to a Healthy Lifestyle program conducted in 1992 the participants decided to continue their swimming by establishing a new AUSSI club. None of the group had any experience of the manner in which AUSSI operated. Lynda took the initiative in doing most of the exploratory work. Over the months Lynda showed strength & diplomacy, persistence & cheerfulness, attention to detail & above all, leadership in:

- Liaising with other AUSSI clubs to find out how to organise training, time trials, equipment
- Negotiate with Superdome (now HBF) management over lane hire, session times, sponsorship
- Taking on the role of President on the initial committee



Here's an excerpt of a letter from the outgoing & ingoing Presidents of the day:

“At the Snappers AGM held on January 28th 2004 the members of AUSSI Stadium Snappers were asked to endorse the Committee of Management’s decision to confer an Honorary Life Membership.....
The committee then proposed that you should be the first person honoured in this way...we would be delighted and very honoured if you would accept honorary life membership in the Stadium Snappers...”



Stadium Masters (previously AUSSI Stadium Snappers) wouldn't be here if it weren't for Lynda's vision and hard work to make it all happen. A worthy recipient of an Honorary Life Membership. Thank you Lynda from all of us!



GOGGLE SAW

The City of Perth March Past team (several in the team are Stadium Masters members) awarded the Silver Medal on the 13th March at the 2020/21 Senior State Championships at Scarborough Beach.



DIARY ENTRIES

March	22nd	Tuesday	After Training Dinner
March	26th	Saturday	MSWA Performance Clinic No.4
March	26th	Saturday	Pt. Peron Swim
March	27th	Sunday	Fremantle Masters LLCC
March	28th	Monday	Club Committee meeting
April	2nd & 3rd	Saturday & Sunday	MSWA State Championships to 4th April
April	7th	Thursday	Minigolf Outing at Wembley & dinner
April	15th	Friday	GOOD FRIDAY
April	17th	Sunday	EASTER SUNDAY
April	18th	Monday	EASTER MONDAY
April	21st	Thursday	MSA National Championships
April	25th	Monday	ANZAC DAY
April	25th	Monday	Pool changes to SC mode

ACKNOWLEDGEMENTS AND DEADLINE

Thanks to Mark A, Barry G, Pamela W, Bill W, Rob W, Jo A, Lynda Joachim, Phyll, Peter Lyster and Marg W for their contributions to this issue. **Next issue will be out end May 2022.** If anyone has been travelling now that the borders are open, please send some photos and a small write up to be included in our "Wander Out Yonder" page. Thank you in advance. I look forward to receiving your items - tania.gregg@hotmail.com

